

































## Sand Shoal Inlet, VA - Aug 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:10	3.2	6:50	4.8	12:24	0.4	11:57 AM	0.1	6:08	8:10	
2	Fri	7:02	3.3	7:39	4.9	1:17	0.4	12:51	0.1	6:09	8:09	
3	Sat	7:50	3.4	8:23	4.9	2:02	0.3	1:40	0.0	6:09	8:08	
4	Sun	8:34	3.6	9:05	4.9	2:41	0.3	2:24	0.0	6:10	8:07	
5	Mon	9:17	3.7	9:44	4.8	3:17	0.3	3:06	0.0	6:11	8:06	
6	Tue	9:58	3.8	10:22	4.6	3:52	0.3	3:47	0.1	6:12	8:05	
7	Wed	10:38	3.9	11:00	4.4	4:26	0.3	4:28	0.3	6:13	8:04	
8	Thu	11:19	4.0	11:37	4.2	5:01	0.4	5:11	0.4	6:14	8:03	
9	Fri	11:59	4.0			5:36	0.5	5:56	0.6	6:15	8:02	
10	Sat	12:15	3.9	12:42	4.1	6:13	0.6	6:44	0.8	6:15	8:00	
11	Sun	12:56	3.6	1:27	4.1	6:53	0.7	7:36	1.0	6:16	7:59	
12	Mon	1:41	3.4	2:19	4.1	7:37	0.8	8:31	1.1	6:17	7:58	
13	Tue	2:34	3.2	3:17	4.2	8:26	0.8	9:30	1.1	6:18	7:57	
14	Wed	3:33	3.1	4:17	4.4	9:21	0.8	10:31	1.0	6:19	7:56	
15	Thu	4:34	3.2	5:16	4.7	10:19	0.6	11:31	0.8	6:20	7:54	
16	Fri	5:32	3.4	6:11	5.0	11:18	0.4			6:20	7:53	
17	Sat	6:26	3.7	7:03	5.3	12:26	0.6	12:15	0.1	6:21	7:52	
18	Sun	7:18	4.0	7:52	5.6	1:17	0.3	1:10	-0.1	6:22	7:51	
19	Mon	8:09	4.3	8:41	5.7	2:03	0.1	2:02	-0.4	6:23	7:49	
20	Tue	9:00	4.7	9:29	5.6	2:49	-0.2	2:54	-0.5	6:24	7:48	
21	Wed	9:51	4.9	10:17	5.4	3:33	-0.3	3:47	-0.5	6:25	7:47	
22	Thu	10:41	5.1	11:04	5.0	4:18	-0.3	4:41	-0.3	6:25	7:45	
23	Fri	11:32	5.2	11:53	4.6	5:04	-0.3	5:37	-0.1	6:26	7:44	
24	Sat			12:25	5.1	5:53	-0.2	6:37	0.1	6:27	7:42	
25	Sun	12:44	4.1	1:21	5.0	6:44	0.0	7:41	0.4	6:28	7:41	
26	Mon	1:40	3.7	2:23	4.8	7:39	0.2	8:48	0.6	6:29	7:40	
27	Tue	2:43	3.3	3:32	4.6	8:39	0.4	9:59	0.7	6:30	7:38	
28	Wed	3:52	3.1	4:43	4.6	9:42	0.4	11:11	0.7	6:30	7:37	
29	Thu	5:01	3.2	5:46	4.6	10:46	0.5			6:31	7:35	
30	Fri	6:01	3.3	6:39	4.7	12:12	0.7	11:46 AM	0.4	6:32	7:34	
31	Sat	6:49	3.5	7:23	4.7	1:01	0.6	12:39	0.3	6:33	7:32	