



Sand Shoal Inlet, VA - Mar 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:51	4.9	9:11	4.8	2:21	-0.9	2:48	-0.7	6:33	5:57	☀
2	Sun	9:36	4.6	10:00	4.9	3:12	-0.8	3:32	-0.6	6:32	5:58	☀
3	Mon	10:23	4.3	10:50	4.9	4:05	-0.7	4:18	-0.6	6:30	5:59	☀
4	Tue	11:12	3.8	11:44	4.7	5:02	-0.4	5:08	-0.4	6:29	6:00	☀
5	Wed			12:05	3.4	6:02	-0.1	6:03	-0.2	6:27	6:01	☀
6	Thu	12:43	4.5	1:04	3.0	7:07	0.1	7:03	0.0	6:26	6:02	☀
7	Fri	1:50	4.2	2:12	2.8	8:16	0.3	8:08	0.1	6:24	6:03	☀
8	Sat	3:05	4.1	3:26	2.8	9:29	0.4	9:16	0.1	6:23	6:04	☀
9	Sun	5:18	4.1	5:34	2.9	11:39	0.4	11:23	0.0	7:22	7:04	☀
10	Mon	6:18	4.1	6:30	3.1			12:35	0.3	7:20	7:05	☀
11	Tue	7:07	4.2	7:16	3.4	12:22	-0.1	1:18	0.1	7:19	7:06	☀
12	Wed	7:48	4.2	7:57	3.6	1:12	-0.2	1:55	0.0	7:17	7:07	☀
13	Thu	8:26	4.2	8:36	3.9	1:56	-0.3	2:27	0.0	7:16	7:08	☀
14	Fri	9:02	4.1	9:13	4.1	2:36	-0.3	2:58	0.0	7:14	7:09	☀
15	Sat	9:38	4.0	9:51	4.2	3:14	-0.3	3:29	0.0	7:13	7:10	☀
16	Sun	10:13	3.9	10:28	4.2	3:52	-0.2	4:01	0.1	7:11	7:11	☀
17	Mon	10:50	3.7	11:06	4.2	4:31	0.0	4:35	0.2	7:10	7:12	☀
18	Tue	11:27	3.5	11:46	4.1	5:11	0.2	5:11	0.3	7:08	7:13	☀
19	Wed			12:05	3.2	5:54	0.4	5:50	0.5	7:07	7:14	☀
20	Thu	12:28	4.0	12:46	3.0	6:41	0.6	6:34	0.6	7:05	7:15	☀
21	Fri	1:16	3.9	1:34	2.9	7:33	0.8	7:26	0.6	7:04	7:16	☀
22	Sat	2:12	3.8	2:32	2.8	8:30	0.9	8:25	0.6	7:02	7:16	☀
23	Sun	3:16	3.9	3:37	2.9	9:31	0.8	9:27	0.5	7:01	7:17	☀
24	Mon	4:20	4.1	4:40	3.2	10:31	0.7	10:30	0.3	6:59	7:18	☀
25	Tue	5:19	4.3	5:37	3.5	11:27	0.5	11:30	0.0	6:58	7:19	☀
26	Wed	6:12	4.6	6:30	4.0			12:18	0.2	6:56	7:20	☀
27	Thu	7:02	4.8	7:21	4.5	12:28	-0.3	1:04	-0.2	6:55	7:21	☀
28	Fri	7:50	4.9	8:10	5.0	1:22	-0.6	1:49	-0.4	6:53	7:22	☀
29	Sat	8:38	4.8	8:59	5.3	2:15	-0.8	2:33	-0.6	6:52	7:23	☀
30	Sun	9:26	4.7	9:49	5.5	3:06	-0.8	3:18	-0.7	6:50	7:24	☀
31	Mon	10:14	4.4	10:39	5.5	3:58	-0.8	4:04	-0.6	6:49	7:25	☀