
































## Sand Shoal Inlet, VA - Nov 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:48	4.1	5:12	4.5	10:41	0.5	11:14	0.3	7:28	6:05	
2	Sun	4:41	4.6	5:03	4.6	10:40	0.2	11:01	0.0	6:29	5:04	
3	Mon	5:31	5.1	5:52	4.6	11:37	0.0	11:48	-0.2	6:30	5:03	
4	Tue	6:20	5.6	6:42	4.6			12:31	-0.3	6:31	5:02	
5	Wed	7:10	5.9	7:32	4.5	12:35	-0.4	1:24	-0.4	6:32	5:01	
6	Thu	8:01	6.1	8:22	4.3	1:22	-0.5	2:16	-0.4	6:33	5:00	
7	Fri	8:53	6.0	9:14	4.1	2:10	-0.5	3:10	-0.3	6:34	4:59	
8	Sat	9:47	5.8	10:07	3.8	3:01	-0.4	4:05	-0.1	6:35	4:58	
9	Sun	10:42	5.5	11:03	3.6	3:55	-0.2	5:04	0.1	6:36	4:57	
10	Mon	11:39	5.1			4:54	0.0	6:06	0.3	6:37	4:56	
11	Tue	12:03	3.4	12:41	4.7	5:57	0.2	7:09	0.4	6:38	4:55	
12	Wed	1:09	3.3	1:46	4.3	7:04	0.4	8:10	0.5	6:39	4:55	
13	Thu	2:21	3.4	2:51	4.1	8:12	0.5	9:05	0.5	6:40	4:54	
14	Fri	3:29	3.6	3:49	3.9	9:18	0.5	9:53	0.4	6:41	4:53	
15	Sat	4:23	3.8	4:37	3.8	10:20	0.5	10:36	0.4	6:42	4:52	
16	Sun	5:07	4.1	5:19	3.7	11:13	0.5	11:14	0.3	6:43	4:52	
17	Mon	5:46	4.4	5:58	3.6	11:58	0.4	11:50	0.3	6:44	4:51	
18	Tue	6:23	4.6	6:37	3.6			12:39	0.3	6:45	4:50	
19	Wed	7:01	4.7	7:16	3.6	12:25	0.2	1:16	0.3	6:46	4:50	
20	Thu	7:39	4.8	7:55	3.5	1:01	0.2	1:53	0.3	6:47	4:49	
21	Fri	8:19	4.8	8:35	3.5	1:38	0.2	2:31	0.4	6:48	4:49	
22	Sat	9:00	4.8	9:15	3.4	2:15	0.3	3:11	0.5	6:50	4:48	
23	Sun	9:41	4.7	9:56	3.3	2:54	0.4	3:52	0.6	6:51	4:48	
24	Mon	10:24	4.6	10:39	3.2	3:35	0.4	4:37	0.7	6:52	4:47	
25	Tue	11:07	4.5	11:26	3.2	4:20	0.5	5:25	0.7	6:53	4:47	
26	Wed	11:54	4.4			5:11	0.6	6:14	0.7	6:54	4:47	
27	Thu	12:18	3.2	12:45	4.2	6:08	0.7	7:03	0.6	6:55	4:46	
28	Fri	1:16	3.4	1:40	4.1	7:09	0.6	7:53	0.5	6:55	4:46	
29	Sat	2:16	3.7	2:37	4.1	8:11	0.5	8:43	0.3	6:56	4:46	
30	Sun	3:16	4.2	3:35	4.0	9:15	0.4	9:34	0.0	6:57	4:45	