



























Sand Shoal Inlet, VA - Dec 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:12	4.7	4:31	4.0	10:18	0.1	10:26	-0.2	6:58	4:45	
2	Tue	5:06	5.1	5:25	4.0	11:18	-0.1	11:18	-0.4	6:59	4:45	
3	Wed	5:59	5.5	6:18	3.9			12:16	-0.3	7:00	4:45	
4	Thu	6:52	5.7	7:11	3.9	12:09	-0.6	1:10	-0.4	7:01	4:45	
5	Fri	7:45	5.8	8:04	3.8	1:01	-0.7	2:03	-0.5	7:02	4:45	
6	Sat	8:39	5.8	8:57	3.7	1:53	-0.8	2:56	-0.4	7:03	4:45	
7	Sun	9:32	5.5	9:51	3.6	2:45	-0.7	3:50	-0.3	7:04	4:45	
8	Mon	10:26	5.2	10:45	3.5	3:40	-0.5	4:45	-0.1	7:04	4:45	
9	Tue	11:18	4.8	11:41	3.4	4:36	-0.3	5:40	0.0	7:05	4:45	
10	Wed			12:12	4.4	5:36	0.0	6:35	0.1	7:06	4:45	
11	Thu	12:41	3.3	1:07	3.9	6:38	0.2	7:27	0.2	7:07	4:45	
12	Fri	1:43	3.4	2:04	3.6	7:42	0.4	8:16	0.3	7:08	4:45	
13	Sat	2:46	3.5	3:00	3.3	8:45	0.5	9:02	0.3	7:08	4:46	
14	Sun	3:42	3.7	3:53	3.1	9:47	0.5	9:46	0.3	7:09	4:46	
15	Mon	4:31	3.9	4:41	3.1	10:44	0.5	10:30	0.3	7:10	4:46	
16	Tue	5:14	4.1	5:25	3.1	11:33	0.4	11:12	0.2	7:10	4:47	
17	Wed	5:56	4.3	6:07	3.1			12:16	0.4	7:11	4:47	
18	Thu	6:37	4.4	6:49	3.1			12:55	0.3	7:11	4:47	
19	Fri	7:18	4.5	7:31	3.2	12:34	0.1	1:33	0.3	7:12	4:48	
20	Sat	8:00	4.6	8:12	3.2	1:14	0.0	2:11	0.3	7:13	4:48	
21	Sun	8:41	4.7	8:54	3.2	1:54	0.0	2:50	0.3	7:13	4:49	
22	Mon	9:22	4.6	9:35	3.3	2:34	0.0	3:31	0.3	7:14	4:49	
23	Tue	10:02	4.6	10:18	3.3	3:16	0.1	4:12	0.3	7:14	4:50	
24	Wed	10:43	4.5	11:03	3.4	4:01	0.1	4:55	0.3	7:14	4:50	
25	Thu	11:26	4.3	11:51	3.5	4:50	0.2	5:40	0.2	7:15	4:51	
26	Fri			12:12	4.1	5:45	0.3	6:26	0.2	7:15	4:52	
27	Sat	12:45	3.7	1:04	3.8	6:45	0.3	7:15	0.1	7:16	4:52	
28	Sun	1:44	3.9	2:01	3.6	7:48	0.3	8:06	-0.1	7:16	4:53	
29	Mon	2:45	4.2	3:02	3.4	8:53	0.2	9:00	-0.2	7:16	4:54	
30	Tue	3:46	4.6	4:03	3.4	9:59	0.1	9:57	-0.4	7:16	4:54	
31	Wed	4:45	4.9	5:02	3.4	11:03	-0.1	10:54	-0.5	7:17	4:55	