

Sand Shoal Inlet, VA - Apr 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:22	4.1	8:38	4.5	2:03	-0.3	2:17	-0.2	6:48	7:25	
2	Thu	9:01	4.0	9:17	4.6	2:45	-0.3	2:52	-0.2	6:46	7:26	
3	Fri	9:39	3.9	9:56	4.6	3:26	-0.3	3:26	-0.1	6:45	7:27	
4	Sat	10:18	3.7	10:35	4.6	4:05	-0.1	4:02	0.1	6:43	7:28	
5	Sun	10:56	3.5	11:16	4.4	4:46	0.1	4:39	0.2	6:42	7:29	
6	Mon	11:36	3.3	11:58	4.2	5:28	0.3	5:19	0.4	6:40	7:30	
7	Tue			12:18	3.1	6:13	0.5	6:03	0.6	6:39	7:31	
8	Wed	12:45	4.0	1:04	3.0	7:02	0.8	6:53	0.7	6:37	7:31	
9	Thu	1:37	3.9	1:57	2.9	7:55	0.9	7:48	0.8	6:36	7:32	
10	Fri	2:35	3.8	2:57	2.9	8:50	0.9	8:47	0.7	6:35	7:33	
11	Sat	3:36	3.8	3:58	3.1	9:45	0.9	9:47	0.6	6:33	7:34	
12	Sun	4:34	3.9	4:55	3.5	10:37	0.7	10:46	0.5	6:32	7:35	
13	Mon	5:26	4.1	5:47	3.9	11:26	0.5	11:43	0.2	6:30	7:36	
14	Tue	6:14	4.3	6:34	4.4			12:11	0.2	6:29	7:37	
15	Wed	7:00	4.4	7:21	4.8	12:36	0.0	12:55	0.0	6:27	7:38	
16	Thu	7:46	4.4	8:07	5.2	1:27	-0.3	1:39	-0.2	6:26	7:39	
17	Fri	8:33	4.4	8:55	5.5	2:17	-0.5	2:22	-0.4	6:25	7:39	
18	Sat	9:20	4.3	9:44	5.6	3:07	-0.5	3:07	-0.5	6:23	7:40	
19	Sun	10:09	4.1	10:35	5.6	3:58	-0.5	3:55	-0.4	6:22	7:41	
20	Mon	10:59	3.9	11:28	5.4	4:51	-0.4	4:46	-0.3	6:21	7:42	
21	Tue	11:52	3.7			5:47	-0.1	5:41	-0.2	6:19	7:43	
22	Wed	12:24	5.1	12:48	3.4	6:48	0.1	6:42	0.0	6:18	7:44	
23	Thu	1:24	4.8	1:52	3.3	7:51	0.2	7:48	0.2	6:17	7:45	
24	Fri	2:31	4.4	3:03	3.3	8:55	0.3	8:57	0.2	6:16	7:46	
25	Sat	3:41	4.2	4:15	3.5	9:57	0.3	10:06	0.3	6:14	7:47	
26	Sun	4:46	4.1	5:17	3.7	10:53	0.3	11:12	0.2	6:13	7:48	
27	Mon	5:42	4.0	6:08	4.0	11:42	0.2			6:12	7:49	
28	Tue	6:29	3.9	6:52	4.3	12:11	0.1	12:25	0.1	6:11	7:49	
29	Wed	7:11	3.8	7:32	4.5	1:02	0.0	1:04	0.1	6:10	7:50	
30	Thu	7:51	3.7	8:10	4.7	1:46	0.0	1:41	0.0	6:08	7:51	