
































Sand Shoal Inlet, VA - Sep 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:36	5.0	11:53	4.2	5:03	0.2	5:43	0.4	6:33	7:32	
2	Wed			12:25	5.0	5:48	0.3	6:40	0.5	6:34	7:30	
3	Thu	12:42	3.8	1:20	5.0	6:39	0.3	7:42	0.7	6:35	7:29	
4	Fri	1:38	3.6	2:24	4.9	7:38	0.4	8:48	0.8	6:36	7:27	
5	Sat	2:44	3.4	3:34	4.9	8:41	0.4	9:57	0.7	6:37	7:26	
6	Sun	3:56	3.4	4:44	5.0	9:48	0.3	11:04	0.6	6:37	7:24	
7	Mon	5:05	3.6	5:48	5.1	10:56	0.2			6:38	7:23	
8	Tue	6:06	3.9	6:43	5.2	12:05	0.4	12:00	0.0	6:39	7:21	
9	Wed	7:01	4.2	7:33	5.2	12:56	0.2	12:58	-0.2	6:40	7:20	
10	Thu	7:52	4.5	8:20	5.1	1:42	0.0	1:51	-0.3	6:41	7:18	
11	Fri	8:39	4.8	9:04	5.0	2:24	-0.1	2:40	-0.3	6:42	7:17	
12	Sat	9:24	4.9	9:46	4.7	3:03	-0.1	3:26	-0.2	6:42	7:15	
13	Sun	10:07	5.0	10:27	4.4	3:41	-0.1	4:12	0.0	6:43	7:14	
14	Mon	10:50	4.9	11:08	4.1	4:20	0.1	4:58	0.2	6:44	7:12	
15	Tue	11:33	4.8	11:50	3.7	4:59	0.3	5:45	0.5	6:45	7:11	
16	Wed			12:18	4.6	5:41	0.5	6:35	0.8	6:46	7:09	
17	Thu	12:34	3.4	1:07	4.4	6:26	0.7	7:29	1.0	6:46	7:08	
18	Fri	1:23	3.2	2:02	4.2	7:17	0.9	8:27	1.2	6:47	7:06	
19	Sat	2:20	3.1	3:05	4.1	8:13	1.0	9:27	1.3	6:48	7:04	
20	Sun	3:23	3.1	4:08	4.2	9:11	1.0	10:25	1.2	6:49	7:03	
21	Mon	4:25	3.2	5:05	4.3	10:10	0.9	11:16	1.1	6:50	7:01	
22	Tue	5:20	3.5	5:53	4.5	11:05	0.8			6:51	7:00	
23	Wed	6:08	3.8	6:36	4.7	12:00	0.9	11:57 AM	0.6	6:51	6:58	
24	Thu	6:52	4.2	7:16	4.8	12:39	0.7	12:45	0.4	6:52	6:57	
25	Fri	7:34	4.6	7:57	4.9	1:16	0.5	1:30	0.2	6:53	6:55	
26	Sat	8:16	5.0	8:37	4.9	1:54	0.3	2:15	0.1	6:54	6:54	
27	Sun	8:58	5.3	9:19	4.8	2:31	0.1	3:00	0.0	6:55	6:52	
28	Mon	9:41	5.5	10:02	4.6	3:10	0.0	3:47	0.0	6:56	6:51	
29	Tue	10:27	5.6	10:47	4.3	3:51	0.0	4:36	0.1	6:57	6:49	
30	Wed	11:15	5.5	11:34	4.1	4:35	0.1	5:29	0.3	6:57	6:48	