

































## Sand Shoal Inlet, VA - Oct 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:07	5.4	5:25	0.2	6:28	0.5	6:58	6:46	
2	Fri	12:27	3.8	1:05	5.2	6:21	0.3	7:31	0.7	6:59	6:45	
3	Sat	1:27	3.5	2:11	4.9	7:24	0.4	8:38	0.7	7:00	6:43	
4	Sun	2:36	3.4	3:22	4.8	8:32	0.5	9:45	0.7	7:01	6:42	
5	Mon	3:50	3.5	4:32	4.8	9:41	0.4	10:48	0.6	7:02	6:40	
6	Tue	4:59	3.8	5:33	4.8	10:49	0.3	11:43	0.4	7:03	6:39	
7	Wed	5:58	4.1	6:25	4.8	11:52	0.2			7:03	6:37	
8	Thu	6:48	4.5	7:12	4.7	12:31	0.2	12:49	0.1	7:04	6:36	
9	Fri	7:33	4.8	7:55	4.6	1:13	0.1	1:39	0.0	7:05	6:34	
10	Sat	8:16	5.0	8:36	4.4	1:52	0.0	2:24	0.0	7:06	6:33	
11	Sun	8:58	5.1	9:17	4.2	2:29	0.0	3:07	0.0	7:07	6:31	
12	Mon	9:38	5.1	9:57	4.0	3:06	0.1	3:49	0.2	7:08	6:30	
13	Tue	10:19	5.0	10:37	3.8	3:43	0.2	4:31	0.4	7:09	6:29	
14	Wed	11:01	4.9	11:19	3.6	4:22	0.4	5:15	0.6	7:10	6:27	
15	Thu	11:45	4.7			5:03	0.6	6:02	0.8	7:11	6:26	
16	Fri	12:02	3.4	12:33	4.4	5:48	0.8	6:53	1.0	7:12	6:25	
17	Sat	12:50	3.2	1:25	4.2	6:38	0.9	7:48	1.2	7:13	6:23	
18	Sun	1:44	3.1	2:22	4.1	7:34	1.0	8:43	1.2	7:14	6:22	
19	Mon	2:44	3.2	3:22	4.1	8:33	1.0	9:35	1.1	7:15	6:21	
20	Tue	3:47	3.3	4:18	4.2	9:32	1.0	10:24	1.0	7:16	6:19	
21	Wed	4:43	3.7	5:08	4.3	10:29	0.8	11:09	0.8	7:16	6:18	
22	Thu	5:32	4.1	5:54	4.4	11:24	0.6	11:52	0.5	7:17	6:17	
23	Fri	6:18	4.5	6:38	4.5			12:16	0.4	7:18	6:15	
24	Sat	7:02	5.0	7:22	4.6	12:34	0.3	1:05	0.2	7:19	6:14	
25	Sun	7:46	5.4	8:06	4.6	1:15	0.1	1:54	0.0	7:20	6:13	
26	Mon	8:31	5.7	8:52	4.5	1:57	-0.1	2:42	-0.1	7:21	6:12	
27	Tue	9:18	5.8	9:39	4.3	2:41	-0.2	3:31	-0.1	7:22	6:11	
28	Wed	10:08	5.8	10:28	4.1	3:26	-0.2	4:22	0.0	7:23	6:09	
29	Thu	11:00	5.7	11:20	3.9	4:15	-0.1	5:17	0.1	7:24	6:08	
30	Fri	11:54	5.5			5:09	0.0	6:16	0.3	7:25	6:07	
31	Sat	12:16	3.7	12:53	5.2	6:08	0.1	7:19	0.4	7:26	6:06	