
































Sand Shoal Inlet, VA - Nov 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:17	3.5	12:57	4.9	6:13	0.3	7:23	0.5	6:27	5:05	
2	Mon	1:27	3.5	2:04	4.6	7:22	0.4	8:25	0.4	6:28	5:04	
3	Tue	2:40	3.6	3:11	4.4	8:31	0.4	9:22	0.4	6:29	5:03	
4	Wed	3:47	3.9	4:10	4.3	9:39	0.4	10:14	0.2	6:31	5:02	
5	Thu	4:43	4.2	5:01	4.1	10:42	0.3	10:59	0.1	6:32	5:01	
6	Fri	5:30	4.5	5:46	4.0	11:37	0.2	11:41	0.1	6:33	5:00	
7	Sat	6:13	4.8	6:28	3.9			12:26	0.1	6:34	4:59	
8	Sun	6:53	4.9	7:09	3.8	12:20	0.0	1:09	0.1	6:35	4:58	
9	Mon	7:33	5.0	7:49	3.7	12:58	0.0	1:49	0.1	6:36	4:57	
10	Tue	8:13	5.0	8:29	3.6	1:35	0.1	2:28	0.2	6:37	4:56	
11	Wed	8:54	4.9	9:10	3.5	2:13	0.2	3:08	0.4	6:38	4:55	
12	Thu	9:36	4.8	9:52	3.4	2:52	0.3	3:49	0.5	6:39	4:55	
13	Fri	10:19	4.6	10:34	3.3	3:33	0.4	4:34	0.7	6:40	4:54	
14	Sat	11:04	4.4	11:20	3.2	4:16	0.6	5:20	0.8	6:41	4:53	
15	Sun	11:50	4.2			5:05	0.7	6:09	0.9	6:42	4:52	
16	Mon	12:10	3.1	12:40	4.1	5:58	0.8	6:58	0.9	6:43	4:52	
17	Tue	1:05	3.2	1:32	4.0	6:54	0.9	7:46	0.8	6:44	4:51	
18	Wed	2:04	3.4	2:26	4.0	7:53	0.9	8:33	0.7	6:45	4:50	
19	Thu	3:00	3.7	3:20	4.0	8:52	0.7	9:19	0.5	6:46	4:50	
20	Fri	3:53	4.1	4:11	4.0	9:50	0.6	10:06	0.3	6:47	4:49	
21	Sat	4:43	4.6	5:00	4.0	10:47	0.3	10:53	0.0	6:48	4:49	
22	Sun	5:31	5.1	5:49	4.1	11:41	0.1	11:41	-0.2	6:49	4:48	
23	Mon	6:20	5.5	6:38	4.1			12:34	-0.1	6:50	4:48	
24	Tue	7:09	5.7	7:28	4.0	12:29	-0.4	1:25	-0.3	6:51	4:47	
25	Wed	8:01	5.8	8:20	4.0	1:18	-0.5	2:17	-0.3	6:52	4:47	
26	Thu	8:53	5.8	9:12	3.9	2:08	-0.6	3:09	-0.3	6:53	4:47	
27	Fri	9:47	5.7	10:07	3.8	3:00	-0.5	4:04	-0.2	6:54	4:46	
28	Sat	10:42	5.4	11:04	3.7	3:56	-0.4	5:01	-0.1	6:55	4:46	
29	Sun	11:38	5.0			4:56	-0.2	6:00	0.0	6:56	4:46	
30	Mon	12:04	3.6	12:36	4.6	6:00	0.0	6:58	0.1	6:57	4:46	