

































## Sand Shoal Inlet, VA - Jul 2028

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:44	3.5	4:31	4.6	9:42	0.0	10:47	0.3	5:46	8:27	
2	Sun	4:46	3.3	5:30	4.8	10:37	0.0	11:52	0.3	5:47	8:27	
3	Mon	5:44	3.3	6:25	4.9	11:34	0.0			5:47	8:27	
4	Tue	6:38	3.3	7:15	4.9	12:50	0.2	12:28	-0.1	5:48	8:27	
5	Wed	7:28	3.3	8:03	4.9	1:41	0.2	1:18	-0.1	5:48	8:27	
6	Thu	8:16	3.4	8:47	4.9	2:25	0.1	2:05	-0.1	5:49	8:26	
7	Fri	9:01	3.5	9:30	4.8	3:05	0.1	2:49	-0.1	5:49	8:26	
8	Sat	9:44	3.6	10:11	4.7	3:44	0.1	3:31	0.0	5:50	8:26	
9	Sun	10:27	3.6	10:50	4.6	4:21	0.2	4:14	0.1	5:51	8:25	
10	Mon	11:09	3.7	11:30	4.4	4:58	0.3	4:57	0.3	5:51	8:25	
11	Tue	11:52	3.7			5:36	0.4	5:42	0.5	5:52	8:25	
12	Wed	12:09	4.1	12:35	3.8	6:14	0.5	6:30	0.7	5:53	8:24	
13	Thu	12:50	3.8	1:21	3.8	6:53	0.5	7:20	0.8	5:53	8:24	
14	Fri	1:33	3.6	2:10	3.9	7:35	0.6	8:14	0.9	5:54	8:23	
15	Sat	2:22	3.4	3:03	4.0	8:20	0.6	9:10	1.0	5:55	8:23	
16	Sun	3:16	3.2	4:00	4.2	9:09	0.6	10:08	0.9	5:55	8:22	
17	Mon	4:13	3.2	4:56	4.5	10:01	0.5	11:07	0.8	5:56	8:22	
18	Tue	5:10	3.3	5:50	4.8	10:56	0.4			5:57	8:21	
19	Wed	6:04	3.5	6:42	5.1	12:04	0.6	11:52 AM	0.1	5:58	8:21	
20	Thu	6:57	3.7	7:33	5.4	12:57	0.4	12:47	-0.1	5:58	8:20	
21	Fri	7:49	3.9	8:23	5.6	1:47	0.1	1:40	-0.3	5:59	8:19	
22	Sat	8:41	4.2	9:12	5.7	2:35	-0.1	2:32	-0.5	6:00	8:18	
23	Sun	9:33	4.4	10:01	5.6	3:21	-0.3	3:24	-0.5	6:01	8:18	
24	Mon	10:24	4.6	10:50	5.3	4:08	-0.4	4:17	-0.5	6:01	8:17	
25	Tue	11:16	4.8	11:38	5.0	4:55	-0.4	5:13	-0.3	6:02	8:16	
26	Wed			12:09	4.8	5:43	-0.4	6:12	-0.1	6:03	8:15	
27	Thu	12:28	4.5	1:04	4.8	6:34	-0.2	7:13	0.1	6:04	8:15	
28	Fri	1:21	4.0	2:03	4.7	7:26	-0.1	8:18	0.3	6:05	8:14	
29	Sat	2:18	3.6	3:07	4.6	8:21	0.0	9:25	0.5	6:05	8:13	
30	Sun	3:21	3.3	4:13	4.6	9:18	0.1	10:35	0.6	6:06	8:12	
31	Mon	4:27	3.1	5:17	4.6	10:18	0.2	11:42	0.6	6:07	8:11	