



## Sand Shoal Inlet, VA - Jan 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:12	5.2	8:27	3.8	1:28	-0.5	2:21	-0.2	7:17	4:56	☉
2	Tue	8:57	5.2	9:15	3.9	2:15	-0.6	3:05	-0.3	7:17	4:57	☉
3	Wed	9:43	5.1	10:04	4.0	3:04	-0.6	3:51	-0.4	7:17	4:58	☉
4	Thu	10:30	4.8	10:55	4.1	3:56	-0.5	4:38	-0.4	7:17	4:59	☾
5	Fri	11:18	4.5	11:48	4.1	4:51	-0.4	5:28	-0.4	7:17	4:59	☾
6	Sat			12:09	4.1	5:51	-0.2	6:19	-0.3	7:17	5:00	☾
7	Sun	12:46	4.1	1:05	3.7	6:54	0.0	7:13	-0.3	7:17	5:01	☾
8	Mon	1:49	4.2	2:06	3.3	7:59	0.1	8:09	-0.3	7:17	5:02	☾
9	Tue	2:54	4.2	3:10	3.1	9:07	0.1	9:08	-0.3	7:17	5:03	☾
10	Wed	3:59	4.3	4:13	3.0	10:16	0.1	10:07	-0.4	7:17	5:04	☾
11	Thu	5:00	4.5	5:12	3.1	11:20	0.0	11:06	-0.4	7:16	5:05	☾
12	Fri	5:55	4.6	6:06	3.1			12:15	-0.1	7:16	5:06	☾
13	Sat	6:45	4.6	6:55	3.2	12:00	-0.5	1:03	-0.2	7:16	5:07	☾
14	Sun	7:32	4.6	7:42	3.4	12:49	-0.6	1:46	-0.3	7:16	5:08	☾
15	Mon	8:15	4.6	8:26	3.4	1:35	-0.6	2:25	-0.3	7:15	5:09	☾
16	Tue	8:56	4.5	9:09	3.5	2:18	-0.5	3:03	-0.2	7:15	5:10	☾
17	Wed	9:36	4.3	9:51	3.5	3:01	-0.4	3:40	-0.2	7:15	5:11	☾
18	Thu	10:14	4.1	10:33	3.5	3:43	-0.2	4:18	-0.1	7:14	5:12	☾
19	Fri	10:53	3.8	11:15	3.5	4:27	0.0	4:56	0.1	7:14	5:13	☾
20	Sat	11:33	3.5			5:13	0.2	5:35	0.2	7:13	5:14	☾
21	Sun	12:00	3.5	12:16	3.2	6:01	0.4	6:17	0.3	7:13	5:15	☾
22	Mon	12:49	3.5	1:03	3.0	6:53	0.6	7:03	0.3	7:12	5:16	☾
23	Tue	1:43	3.5	1:56	2.9	7:48	0.7	7:52	0.4	7:12	5:18	☾
24	Wed	2:41	3.6	2:54	2.8	8:47	0.7	8:45	0.3	7:11	5:19	☾
25	Thu	3:39	3.8	3:51	2.9	9:46	0.6	9:41	0.2	7:10	5:20	☾
26	Fri	4:34	4.1	4:46	3.0	10:44	0.5	10:36	-0.1	7:10	5:21	☾
27	Sat	5:26	4.4	5:38	3.3	11:37	0.2	11:29	-0.3	7:09	5:22	☉
28	Sun	6:15	4.7	6:28	3.6			12:25	0.0	7:08	5:23	☉
29	Mon	7:03	5.0	7:17	3.8	12:21	-0.6	1:11	-0.3	7:07	5:24	☉
30	Tue	7:50	5.1	8:06	4.1	1:11	-0.8	1:56	-0.5	7:07	5:25	☉
31	Wed	8:36	5.1	8:55	4.3	2:00	-0.9	2:40	-0.6	7:06	5:26	☉