



## Sand Shoal Inlet, VA - Mar 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:13	5.0	8:34	5.0	1:45	-1.0	2:12	-0.8	6:33	5:57	☉
2	Fri	9:01	4.8	9:24	5.1	2:36	-1.0	2:57	-0.8	6:31	5:58	☉
3	Sat	9:49	4.5	10:15	5.1	3:29	-0.9	3:44	-0.8	6:30	5:59	☉
4	Sun	10:38	4.1	11:07	4.9	4:23	-0.7	4:34	-0.6	6:29	6:00	☾
5	Mon	11:29	3.7			5:21	-0.4	5:27	-0.4	6:27	6:01	☾
6	Tue	12:03	4.6	12:24	3.3	6:22	-0.1	6:25	-0.2	6:26	6:02	☾
7	Wed	1:05	4.3	1:26	3.0	7:28	0.2	7:27	0.0	6:24	6:03	☾
8	Thu	2:14	4.1	2:36	2.9	8:36	0.3	8:33	0.1	6:23	6:04	☾
9	Fri	3:28	3.9	3:47	2.9	9:46	0.4	9:39	0.1	6:21	6:04	☾
10	Sat	4:34	3.9	4:47	3.1	10:48	0.3	10:41	0.0	6:20	6:05	☾
11	Sun	6:26	4.0	6:36	3.3			12:37	0.2	7:19	7:06	☾
12	Mon	7:10	4.0	7:19	3.6	12:34	-0.1	1:16	0.1	7:17	7:07	☾
13	Tue	7:48	4.1	7:58	3.8	1:20	-0.2	1:50	0.1	7:16	7:08	☾
14	Wed	8:24	4.1	8:36	4.0	2:00	-0.2	2:22	0.0	7:14	7:09	☾
15	Thu	9:00	4.0	9:14	4.2	2:38	-0.2	2:53	0.0	7:13	7:10	☾
16	Fri	9:37	4.0	9:51	4.3	3:15	-0.2	3:26	0.0	7:11	7:11	☾
17	Sat	10:13	3.8	10:30	4.3	3:53	-0.1	4:00	0.1	7:10	7:12	☾
18	Sun	10:50	3.7	11:08	4.3	4:32	0.0	4:35	0.2	7:08	7:13	☾
19	Mon	11:28	3.5	11:49	4.2	5:12	0.2	5:13	0.3	7:07	7:14	☾
20	Tue			12:07	3.3	5:56	0.4	5:54	0.4	7:05	7:15	☾
21	Wed	12:32	4.1	12:50	3.2	6:44	0.6	6:42	0.5	7:04	7:16	☾
22	Thu	1:22	4.0	1:40	3.1	7:37	0.7	7:36	0.5	7:02	7:16	☾
23	Fri	2:19	4.0	2:40	3.1	8:35	0.7	8:36	0.5	7:01	7:17	☾
24	Sat	3:22	4.1	3:45	3.2	9:34	0.7	9:39	0.3	6:59	7:18	☾
25	Sun	4:25	4.2	4:47	3.6	10:33	0.5	10:42	0.1	6:58	7:19	☾
26	Mon	5:23	4.5	5:45	4.0	11:28	0.2	11:43	-0.2	6:56	7:20	☾
27	Tue	6:17	4.7	6:39	4.5			12:20	-0.1	6:55	7:21	☉
28	Wed	7:09	4.8	7:31	4.9	12:41	-0.5	1:09	-0.4	6:53	7:22	☉
29	Thu	7:59	4.8	8:22	5.3	1:37	-0.7	1:56	-0.6	6:52	7:23	☉
30	Fri	8:49	4.7	9:12	5.5	2:30	-0.9	2:43	-0.8	6:50	7:24	☉
31	Sat	9:39	4.6	10:03	5.6	3:22	-0.9	3:30	-0.8	6:49	7:25	☉