
































## Sand Shoal Inlet, VA - Nov 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:57	4.0	4:22	4.5	9:52	0.6	10:26	0.4	7:28	6:05	
2	Fri	4:55	4.5	5:18	4.6	10:54	0.3	11:18	0.1	7:29	6:04	
3	Sat	5:49	5.0	6:11	4.6	11:54	0.1			7:30	6:03	
4	Sun	5:42	5.5	6:03	4.6	12:09	-0.2	11:59	-0.4	6:31	5:02	
5	Mon	6:33	5.8	6:54	4.6			12:46	-0.4	6:32	5:01	
6	Tue	7:25	6.0	7:46	4.5	12:48	-0.6	1:39	-0.5	6:33	5:00	
7	Wed	8:17	6.1	8:38	4.3	1:37	-0.7	2:32	-0.4	6:34	4:59	
8	Thu	9:10	5.9	9:30	4.1	2:28	-0.6	3:25	-0.3	6:35	4:58	
9	Fri	10:03	5.6	10:24	3.9	3:20	-0.5	4:20	-0.1	6:36	4:57	
10	Sat	10:57	5.3	11:19	3.7	4:15	-0.2	5:18	0.1	6:37	4:56	
11	Sun	11:53	4.8			5:14	0.0	6:17	0.3	6:38	4:55	
12	Mon	12:18	3.5	12:51	4.4	6:16	0.3	7:15	0.4	6:39	4:54	
13	Tue	1:23	3.5	1:52	4.1	7:20	0.5	8:11	0.5	6:40	4:54	
14	Wed	2:30	3.5	2:52	3.8	8:25	0.6	9:02	0.5	6:41	4:53	
15	Thu	3:31	3.7	3:47	3.7	9:27	0.6	9:48	0.5	6:42	4:52	
16	Fri	4:22	3.9	4:35	3.6	10:25	0.6	10:30	0.4	6:43	4:52	
17	Sat	5:05	4.2	5:17	3.6	11:15	0.5	11:10	0.3	6:44	4:51	
18	Sun	5:45	4.4	5:58	3.6	11:58	0.4	11:48	0.3	6:45	4:50	
19	Mon	6:24	4.6	6:38	3.6			12:38	0.4	6:46	4:50	
20	Tue	7:03	4.8	7:18	3.6	12:26	0.2	1:16	0.3	6:47	4:49	
21	Wed	7:43	4.8	7:58	3.6	1:04	0.2	1:54	0.3	6:49	4:49	
22	Thu	8:24	4.9	8:39	3.6	1:42	0.2	2:32	0.4	6:50	4:48	
23	Fri	9:05	4.9	9:20	3.5	2:21	0.2	3:12	0.4	6:51	4:48	
24	Sat	9:46	4.8	10:02	3.5	3:01	0.3	3:55	0.5	6:52	4:47	
25	Sun	10:28	4.7	10:46	3.5	3:44	0.3	4:39	0.5	6:53	4:47	
26	Mon	11:11	4.6	11:34	3.5	4:31	0.4	5:26	0.5	6:54	4:47	
27	Tue	11:59	4.4			5:24	0.5	6:16	0.5	6:55	4:46	
28	Wed	12:27	3.6	12:51	4.3	6:23	0.5	7:06	0.4	6:56	4:46	
29	Thu	1:26	3.8	1:48	4.1	7:25	0.5	7:58	0.2	6:56	4:46	
30	Fri	2:27	4.1	2:48	4.0	8:28	0.4	8:51	0.0	6:57	4:45	