

































Sand Shoal Inlet, VA - May 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:55	3.7	8:15	4.6	1:51	0.1	1:44	0.1	6:07	7:52	
2	Thu	8:34	3.7	8:54	4.7	2:29	0.0	2:21	0.1	6:06	7:53	
3	Fri	9:14	3.6	9:34	4.7	3:06	0.1	2:58	0.1	6:05	7:54	
4	Sat	9:54	3.6	10:14	4.7	3:44	0.2	3:35	0.2	6:04	7:55	
5	Sun	10:34	3.5	10:55	4.6	4:23	0.3	4:14	0.3	6:03	7:56	
6	Mon	11:15	3.5	11:36	4.5	5:04	0.4	4:56	0.4	6:02	7:57	
7	Tue	11:57	3.4			5:47	0.5	5:40	0.6	6:01	7:58	
8	Wed	12:20	4.4	12:42	3.4	6:33	0.6	6:30	0.6	6:00	7:58	
9	Thu	1:06	4.2	1:32	3.4	7:21	0.7	7:24	0.7	5:59	7:59	
10	Fri	1:57	4.1	2:28	3.6	8:11	0.6	8:23	0.7	5:58	8:00	
11	Sat	2:52	4.1	3:26	3.8	9:01	0.5	9:23	0.6	5:57	8:01	
12	Sun	3:50	4.1	4:24	4.2	9:53	0.3	10:24	0.4	5:56	8:02	
13	Mon	4:47	4.1	5:20	4.7	10:45	0.1	11:25	0.1	5:55	8:03	
14	Tue	5:42	4.2	6:13	5.1	11:37	-0.1			5:54	8:04	
15	Wed	6:36	4.2	7:06	5.5	12:24	-0.1	12:29	-0.3	5:53	8:04	
16	Thu	7:29	4.3	7:58	5.8	1:20	-0.4	1:21	-0.5	5:53	8:05	
17	Fri	8:22	4.3	8:51	5.9	2:14	-0.5	2:12	-0.7	5:52	8:06	
18	Sat	9:15	4.2	9:44	5.9	3:07	-0.6	3:04	-0.7	5:51	8:07	
19	Sun	10:08	4.2	10:38	5.7	4:00	-0.6	3:57	-0.6	5:50	8:08	
20	Mon	11:02	4.0	11:31	5.4	4:54	-0.4	4:52	-0.5	5:50	8:09	
21	Tue	11:57	3.9			5:49	-0.3	5:50	-0.2	5:49	8:09	
22	Wed	12:26	5.0	12:55	3.8	6:45	-0.1	6:51	0.0	5:48	8:10	
23	Thu	1:21	4.5	1:55	3.7	7:41	0.0	7:54	0.2	5:48	8:11	
24	Fri	2:19	4.1	2:59	3.7	8:36	0.1	8:59	0.4	5:47	8:12	
25	Sat	3:19	3.8	4:01	3.8	9:28	0.2	10:02	0.5	5:47	8:13	
26	Sun	4:18	3.6	4:57	4.0	10:18	0.3	11:04	0.5	5:46	8:13	
27	Mon	5:11	3.4	5:45	4.2	11:04	0.3	11:59	0.4	5:46	8:14	
28	Tue	5:58	3.4	6:27	4.4	11:48	0.3			5:45	8:15	
29	Wed	6:41	3.4	7:08	4.5	12:47	0.4	12:30	0.2	5:45	8:16	
30	Thu	7:23	3.4	7:49	4.7	1:28	0.3	1:11	0.2	5:44	8:16	
31	Fri	8:05	3.5	8:29	4.8	2:07	0.3	1:50	0.2	5:44	8:17	