



Sand Shoal Inlet, VA - Jul 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:02	3.6	9:27	4.9	2:57	0.3	2:46	0.1	5:46	8:27	☀
2	Tue	9:44	3.7	10:07	4.9	3:35	0.3	3:27	0.1	5:46	8:27	☀
3	Wed	10:26	3.8	10:47	4.8	4:13	0.2	4:09	0.2	5:47	8:27	☀
4	Thu	11:08	3.9	11:27	4.7	4:53	0.2	4:54	0.3	5:47	8:27	☀
5	Fri	11:52	4.0			5:34	0.2	5:43	0.4	5:48	8:27	☀
6	Sat	12:09	4.5	12:39	4.1	6:17	0.2	6:37	0.4	5:49	8:26	☀
7	Sun	12:54	4.3	1:30	4.3	7:04	0.2	7:34	0.5	5:49	8:26	☀
8	Mon	1:45	4.0	2:27	4.5	7:53	0.1	8:36	0.5	5:50	8:26	☀
9	Tue	2:43	3.8	3:28	4.7	8:47	0.1	9:39	0.4	5:50	8:26	☀
10	Wed	3:45	3.7	4:31	4.9	9:43	0.0	10:44	0.3	5:51	8:25	☀
11	Thu	4:48	3.6	5:32	5.2	10:43	-0.2	11:49	0.1	5:52	8:25	☀
12	Fri	5:49	3.7	6:30	5.4	11:43	-0.3			5:52	8:24	☀
13	Sat	6:48	3.8	7:26	5.6	12:49	-0.1	12:42	-0.5	5:53	8:24	☀
14	Sun	7:44	4.0	8:20	5.6	1:44	-0.2	1:39	-0.6	5:54	8:24	☀
15	Mon	8:39	4.1	9:12	5.5	2:35	-0.4	2:32	-0.7	5:54	8:23	☀
16	Tue	9:32	4.2	10:01	5.3	3:24	-0.4	3:25	-0.6	5:55	8:23	☀
17	Wed	10:23	4.3	10:48	5.0	4:10	-0.4	4:16	-0.4	5:56	8:22	☀
18	Thu	11:13	4.3	11:34	4.7	4:56	-0.3	5:08	-0.2	5:56	8:21	☀
19	Fri			12:01	4.2	5:42	-0.2	6:01	0.1	5:57	8:21	☀
20	Sat	12:19	4.2	12:50	4.2	6:28	0.0	6:56	0.4	5:58	8:20	☀
21	Sun	1:05	3.8	1:41	4.1	7:13	0.2	7:52	0.6	5:59	8:20	☀
22	Mon	1:54	3.5	2:36	4.0	8:00	0.4	8:49	0.8	5:59	8:19	☀
23	Tue	2:47	3.2	3:33	4.0	8:48	0.5	9:47	0.9	6:00	8:18	☀
24	Wed	3:44	3.1	4:30	4.1	9:38	0.6	10:45	0.9	6:01	8:17	☀
25	Thu	4:40	3.1	5:23	4.2	10:29	0.6	11:40	0.9	6:02	8:17	☀
26	Fri	5:33	3.2	6:12	4.4	11:20	0.5			6:03	8:16	☀
27	Sat	6:21	3.3	6:56	4.6	12:28	0.8	12:10	0.4	6:03	8:15	☀
28	Sun	7:07	3.5	7:39	4.8	1:10	0.6	12:56	0.3	6:04	8:14	☀
29	Mon	7:52	3.7	8:20	4.9	1:49	0.5	1:40	0.2	6:05	8:13	☀
30	Tue	8:35	3.9	9:01	5.0	2:27	0.3	2:23	0.1	6:06	8:12	☀
31	Wed	9:17	4.1	9:41	5.0	3:05	0.2	3:05	0.0	6:07	8:11	☀