



## Sand Shoal Inlet, VA - Aug 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:00	4.3	10:21	4.9	3:43	0.1	3:49	0.1	6:07	8:10	☀
2	Fri	10:43	4.5	11:02	4.8	4:22	0.1	4:35	0.1	6:08	8:09	☀
3	Sat	11:27	4.6	11:45	4.5	5:03	0.1	5:24	0.2	6:09	8:09	☀
4	Sun			12:14	4.7	5:47	0.1	6:18	0.3	6:10	8:07	☀
5	Mon	12:31	4.3	1:06	4.7	6:35	0.1	7:17	0.5	6:11	8:06	☀
6	Tue	1:22	4.0	2:04	4.8	7:27	0.1	8:19	0.5	6:12	8:05	☀
7	Wed	2:21	3.7	3:08	4.8	8:24	0.1	9:24	0.5	6:12	8:04	☀
8	Thu	3:26	3.6	4:14	4.9	9:24	0.1	10:31	0.5	6:13	8:03	☀
9	Fri	4:33	3.6	5:19	5.1	10:28	0.0	11:36	0.3	6:14	8:02	☀
10	Sat	5:36	3.7	6:18	5.2	11:31	-0.1			6:15	8:01	☀
11	Sun	6:35	3.9	7:13	5.3	12:35	0.1	12:31	-0.3	6:16	8:00	☀
12	Mon	7:30	4.2	8:04	5.3	1:27	-0.1	1:27	-0.4	6:17	7:59	☀
13	Tue	8:22	4.4	8:52	5.2	2:15	-0.2	2:19	-0.5	6:18	7:57	☀
14	Wed	9:11	4.5	9:37	5.1	2:59	-0.3	3:08	-0.4	6:18	7:56	☀
15	Thu	9:58	4.6	10:21	4.8	3:41	-0.3	3:56	-0.3	6:19	7:55	☀
16	Fri	10:43	4.6	11:03	4.5	4:22	-0.2	4:43	-0.1	6:20	7:54	☀
17	Sat	11:28	4.6	11:45	4.1	5:03	0.0	5:31	0.2	6:21	7:52	☀
18	Sun			12:13	4.4	5:45	0.2	6:21	0.5	6:22	7:51	☀
19	Mon	12:28	3.8	1:00	4.3	6:28	0.4	7:12	0.7	6:23	7:50	☀
20	Tue	1:14	3.5	1:51	4.1	7:15	0.6	8:07	1.0	6:23	7:48	☀
21	Wed	2:05	3.3	2:48	4.1	8:04	0.7	9:03	1.1	6:24	7:47	☀
22	Thu	3:02	3.2	3:48	4.1	8:57	0.8	10:01	1.1	6:25	7:46	☀
23	Fri	4:02	3.2	4:46	4.2	9:52	0.8	10:57	1.1	6:26	7:44	☀
24	Sat	4:59	3.3	5:38	4.4	10:46	0.7	11:48	0.9	6:27	7:43	☀
25	Sun	5:51	3.6	6:25	4.6	11:39	0.6			6:28	7:42	☀
26	Mon	6:38	3.8	7:08	4.9	12:32	0.7	12:28	0.4	6:28	7:40	☀
27	Tue	7:22	4.2	7:50	5.0	1:13	0.5	1:15	0.2	6:29	7:39	☀
28	Wed	8:06	4.5	8:31	5.1	1:52	0.3	2:00	0.1	6:30	7:37	☀
29	Thu	8:49	4.7	9:12	5.1	2:31	0.1	2:44	0.0	6:31	7:36	☀
30	Fri	9:33	5.0	9:54	5.0	3:10	0.0	3:30	0.0	6:32	7:35	☀
31	Sat	10:17	5.2	10:38	4.8	3:50	0.0	4:17	0.0	6:33	7:33	☀