
































## Sand Shoal Inlet, VA - Sep 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:04	5.2	11:23	4.5	4:33	0.0	5:08	0.1	6:33	7:32	
2	Mon	11:53	5.2			5:19	0.0	6:03	0.3	6:34	7:30	
3	Tue	12:11	4.2	12:46	5.1	6:10	0.1	7:02	0.5	6:35	7:29	
4	Wed	1:05	3.9	1:46	5.0	7:06	0.2	8:06	0.6	6:36	7:27	
5	Thu	2:06	3.7	2:52	4.9	8:07	0.3	9:12	0.6	6:37	7:26	
6	Fri	3:14	3.6	4:01	4.9	9:12	0.3	10:19	0.6	6:37	7:24	
7	Sat	4:24	3.7	5:07	4.9	10:18	0.2	11:22	0.4	6:38	7:23	
8	Sun	5:28	3.9	6:06	5.0	11:22	0.1			6:39	7:21	
9	Mon	6:25	4.1	6:57	5.0	12:18	0.3	12:22	-0.1	6:40	7:20	
10	Tue	7:16	4.4	7:44	5.0	1:06	0.1	1:16	-0.2	6:41	7:18	
11	Wed	8:03	4.7	8:28	4.9	1:49	0.0	2:05	-0.2	6:42	7:17	
12	Thu	8:48	4.8	9:10	4.7	2:29	-0.1	2:50	-0.2	6:42	7:15	
13	Fri	9:31	4.9	9:51	4.5	3:08	-0.1	3:34	-0.1	6:43	7:14	
14	Sat	10:13	4.9	10:31	4.3	3:46	0.0	4:17	0.1	6:44	7:12	
15	Sun	10:54	4.8	11:12	4.0	4:24	0.2	5:01	0.4	6:45	7:11	
16	Mon	11:37	4.7	11:54	3.8	5:04	0.4	5:46	0.6	6:46	7:09	
17	Tue			12:22	4.5	5:46	0.6	6:35	0.9	6:47	7:08	
18	Wed	12:38	3.5	1:11	4.3	6:32	0.8	7:27	1.1	6:47	7:06	
19	Thu	1:27	3.4	2:05	4.2	7:23	0.9	8:22	1.2	6:48	7:04	
20	Fri	2:23	3.3	3:05	4.2	8:17	1.0	9:17	1.2	6:49	7:03	
21	Sat	3:24	3.3	4:04	4.2	9:14	1.0	10:12	1.1	6:50	7:01	
22	Sun	4:24	3.5	4:58	4.4	10:11	0.9	11:03	1.0	6:51	7:00	
23	Mon	5:17	3.8	5:47	4.6	11:06	0.7	11:49	0.8	6:51	6:58	
24	Tue	6:06	4.2	6:32	4.8	11:59	0.5			6:52	6:57	
25	Wed	6:52	4.6	7:16	5.0	12:33	0.5	12:49	0.3	6:53	6:55	
26	Thu	7:36	5.0	7:59	5.0	1:15	0.2	1:37	0.1	6:54	6:54	
27	Fri	8:21	5.3	8:44	5.0	1:56	0.0	2:24	-0.1	6:55	6:52	
28	Sat	9:07	5.6	9:29	4.9	2:38	-0.1	3:12	-0.2	6:56	6:51	
29	Sun	9:54	5.7	10:15	4.7	3:21	-0.2	4:01	-0.1	6:57	6:49	
30	Mon	10:43	5.7	11:04	4.5	4:07	-0.2	4:53	0.0	6:57	6:48	