
































## Sand Shoal Inlet, VA - May 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:49	3.8	4:19	3.7	9:50	0.7	10:13	0.7	6:08	7:52	
2	Fri	4:43	3.9	5:11	4.1	10:39	0.5	11:09	0.5	6:06	7:53	
3	Sat	5:33	4.0	6:00	4.5	11:27	0.3			6:05	7:54	
4	Sun	6:21	4.1	6:47	4.9	12:03	0.2	12:14	0.1	6:04	7:55	
5	Mon	7:09	4.2	7:34	5.3	12:55	0.0	1:01	-0.1	6:03	7:56	
6	Tue	7:57	4.3	8:22	5.5	1:45	-0.2	1:47	-0.3	6:02	7:56	
7	Wed	8:45	4.3	9:11	5.7	2:34	-0.4	2:34	-0.4	6:01	7:57	
8	Thu	9:35	4.3	10:01	5.7	3:23	-0.4	3:23	-0.5	6:00	7:58	
9	Fri	10:26	4.2	10:53	5.6	4:14	-0.4	4:14	-0.4	5:59	7:59	
10	Sat	11:18	4.1	11:46	5.4	5:08	-0.3	5:08	-0.3	5:58	8:00	
11	Sun			12:13	4.0	6:03	-0.2	6:07	-0.2	5:57	8:01	
12	Mon	12:41	5.0	1:11	3.9	7:01	-0.1	7:09	0.0	5:56	8:02	
13	Tue	1:40	4.7	2:15	3.8	7:59	0.0	8:14	0.1	5:55	8:03	
14	Wed	2:42	4.3	3:21	3.9	8:57	0.0	9:20	0.2	5:55	8:03	
15	Thu	3:46	4.1	4:26	4.1	9:53	0.0	10:27	0.2	5:54	8:04	
16	Fri	4:47	3.9	5:24	4.3	10:47	0.0	11:30	0.2	5:53	8:05	
17	Sat	5:42	3.7	6:14	4.5	11:37	0.0			5:52	8:06	
18	Sun	6:31	3.7	6:59	4.7	12:27	0.1	12:24	0.0	5:51	8:07	
19	Mon	7:16	3.6	7:42	4.8	1:17	0.0	1:08	-0.1	5:51	8:08	
20	Tue	7:59	3.6	8:23	4.8	2:00	0.0	1:49	-0.1	5:50	8:08	
21	Wed	8:41	3.6	9:05	4.8	2:41	0.0	2:29	0.0	5:49	8:09	
22	Thu	9:23	3.6	9:46	4.8	3:20	0.0	3:08	0.0	5:49	8:10	
23	Fri	10:05	3.6	10:27	4.7	3:59	0.1	3:48	0.1	5:48	8:11	
24	Sat	10:47	3.5	11:09	4.6	4:38	0.3	4:29	0.3	5:47	8:12	
25	Sun	11:29	3.5	11:51	4.4	5:19	0.4	5:13	0.4	5:47	8:12	
26	Mon			12:13	3.4	6:02	0.5	5:59	0.6	5:46	8:13	
27	Tue	12:34	4.2	1:00	3.5	6:46	0.6	6:49	0.7	5:46	8:14	
28	Wed	1:19	4.0	1:50	3.5	7:31	0.6	7:43	0.8	5:45	8:15	
29	Thu	2:08	3.9	2:43	3.7	8:17	0.6	8:38	0.8	5:45	8:15	
30	Fri	3:01	3.8	3:38	4.0	9:05	0.5	9:36	0.7	5:44	8:16	
31	Sat	3:56	3.8	4:33	4.3	9:54	0.4	10:34	0.5	5:44	8:17	