
































Sand Shoal Inlet, VA - Nov 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:54	5.2	10:11	3.9	3:18	-0.1	4:06	0.1	7:27	6:05	
2	Sun	9:37	5.0	9:55	3.7	2:59	0.1	3:50	0.3	6:28	5:04	
3	Mon	10:21	4.8	10:39	3.6	3:42	0.3	4:35	0.5	6:29	5:03	
4	Tue	11:06	4.5	11:25	3.4	4:27	0.5	5:22	0.7	6:30	5:02	
5	Wed	11:53	4.3			5:16	0.7	6:11	0.8	6:31	5:01	
6	Thu	12:16	3.4	12:44	4.1	6:08	0.8	7:01	0.9	6:32	5:00	
7	Fri	1:11	3.4	1:38	4.0	7:03	0.9	7:49	0.9	6:33	4:59	
8	Sat	2:09	3.5	2:33	3.9	8:00	0.9	8:37	0.8	6:34	4:58	
9	Sun	3:05	3.7	3:26	3.9	8:56	0.9	9:24	0.7	6:35	4:57	
10	Mon	3:57	4.1	4:15	4.0	9:51	0.7	10:10	0.5	6:37	4:56	
11	Tue	4:45	4.4	5:02	4.1	10:44	0.5	10:55	0.3	6:38	4:56	
12	Wed	5:30	4.8	5:48	4.2	11:35	0.3	11:40	0.1	6:39	4:55	
13	Thu	6:15	5.2	6:33	4.3			12:23	0.1	6:40	4:54	
14	Fri	7:01	5.5	7:20	4.3	12:25	-0.1	1:11	-0.1	6:41	4:53	
15	Sat	7:48	5.7	8:07	4.3	1:10	-0.3	1:59	-0.2	6:42	4:53	
16	Sun	8:37	5.7	8:56	4.2	1:57	-0.4	2:48	-0.2	6:43	4:52	
17	Mon	9:26	5.7	9:47	4.1	2:45	-0.4	3:39	-0.1	6:44	4:51	
18	Tue	10:18	5.5	10:41	4.0	3:37	-0.3	4:32	-0.1	6:45	4:51	
19	Wed	11:11	5.2	11:37	3.9	4:33	-0.2	5:29	0.0	6:46	4:50	
20	Thu			12:07	4.9	5:34	0.0	6:27	0.1	6:47	4:49	
21	Fri	12:39	3.9	1:07	4.5	6:38	0.1	7:25	0.1	6:48	4:49	
22	Sat	1:45	3.9	2:10	4.2	7:45	0.2	8:22	0.0	6:49	4:48	
23	Sun	2:52	4.1	3:13	4.0	8:52	0.2	9:17	0.0	6:50	4:48	
24	Mon	3:55	4.3	4:12	3.9	9:58	0.2	10:10	-0.1	6:51	4:47	
25	Tue	4:50	4.5	5:05	3.8	10:59	0.1	11:00	-0.2	6:52	4:47	
26	Wed	5:39	4.7	5:53	3.7	11:53	0.0	11:47	-0.2	6:53	4:47	
27	Thu	6:24	4.9	6:38	3.7			12:41	0.0	6:54	4:46	
28	Fri	7:07	4.9	7:21	3.6	12:31	-0.2	1:24	-0.1	6:55	4:46	
29	Sat	7:49	4.9	8:04	3.6	1:12	-0.2	2:04	0.0	6:56	4:46	
30	Sun	8:31	4.9	8:46	3.6	1:53	-0.2	2:44	0.1	6:57	4:46	