



Sand Shoal Inlet, VA - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:36	5.3	7:53	4.0	12:56	-0.6	1:45	-0.4	7:17	4:56	☀
2	Sun	8:24	5.4	8:43	4.1	1:45	-0.7	2:32	-0.5	7:17	4:57	☀
3	Mon	9:12	5.3	9:33	4.1	2:34	-0.8	3:20	-0.6	7:17	4:58	☀
4	Tue	10:01	5.2	10:25	4.2	3:25	-0.7	4:10	-0.6	7:17	4:59	☀
5	Wed	10:50	4.9	11:18	4.1	4:19	-0.6	5:01	-0.5	7:17	4:59	☀
6	Thu	11:42	4.5			5:17	-0.4	5:54	-0.5	7:17	5:00	☀
7	Fri	12:15	4.1	12:36	4.1	6:18	-0.2	6:48	-0.4	7:17	5:01	☀
8	Sat	1:16	4.0	1:35	3.7	7:22	-0.1	7:44	-0.4	7:17	5:02	☀
9	Sun	2:21	4.0	2:38	3.4	8:28	0.0	8:42	-0.3	7:17	5:03	☀
10	Mon	3:26	4.1	3:41	3.2	9:35	0.0	9:40	-0.4	7:17	5:04	☀
11	Tue	4:28	4.2	4:40	3.2	10:41	0.0	10:37	-0.4	7:16	5:05	☀
12	Wed	5:23	4.3	5:34	3.2	11:39	-0.1	11:30	-0.5	7:16	5:06	☀
13	Thu	6:12	4.4	6:23	3.3			12:29	-0.2	7:16	5:07	☀
14	Fri	6:58	4.5	7:09	3.3	12:19	-0.5	1:13	-0.2	7:16	5:08	☀
15	Sat	7:41	4.5	7:52	3.4	1:03	-0.5	1:53	-0.3	7:15	5:09	☀
16	Sun	8:22	4.5	8:35	3.5	1:46	-0.5	2:30	-0.2	7:15	5:10	☀
17	Mon	9:02	4.4	9:16	3.5	2:26	-0.5	3:07	-0.2	7:15	5:11	☀
18	Tue	9:41	4.3	9:58	3.5	3:07	-0.3	3:45	-0.1	7:14	5:12	☀
19	Wed	10:20	4.1	10:39	3.5	3:48	-0.2	4:23	0.0	7:14	5:13	☀
20	Thu	11:00	3.9	11:22	3.5	4:31	0.0	5:02	0.1	7:13	5:14	☀
21	Fri	11:40	3.6			5:17	0.2	5:44	0.2	7:13	5:15	☀
22	Sat	12:08	3.5	12:24	3.4	6:06	0.4	6:28	0.3	7:12	5:16	☀
23	Sun	12:57	3.5	1:13	3.2	6:58	0.5	7:15	0.3	7:12	5:18	☀
24	Mon	1:52	3.6	2:07	3.1	7:54	0.6	8:06	0.3	7:11	5:19	☀
25	Tue	2:50	3.7	3:05	3.1	8:52	0.6	8:59	0.2	7:10	5:20	☀
26	Wed	3:47	4.0	4:02	3.2	9:51	0.4	9:55	0.0	7:10	5:21	☀
27	Thu	4:42	4.3	4:57	3.4	10:49	0.2	10:50	-0.3	7:09	5:22	☀
28	Fri	5:34	4.7	5:49	3.7	11:43	-0.1	11:44	-0.6	7:08	5:23	☀
29	Sat	6:25	5.0	6:41	3.9			12:34	-0.3	7:07	5:24	☀
30	Sun	7:15	5.2	7:32	4.2	12:37	-0.8	1:22	-0.6	7:07	5:25	☀
31	Mon	8:04	5.3	8:23	4.4	1:28	-1.0	2:10	-0.8	7:06	5:26	☀