



## Sand Shoal Inlet, VA - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:42	5.2	8:03	4.9	1:12	-1.0	1:44	-0.9	6:33	5:57	☀
2	Wed	8:32	5.1	8:54	5.0	2:04	-1.1	2:32	-0.9	6:31	5:58	☀
3	Thu	9:21	4.9	9:46	5.0	2:56	-1.1	3:20	-0.9	6:30	5:59	☀
4	Fri	10:11	4.6	10:37	4.9	3:50	-0.9	4:09	-0.8	6:29	6:00	☀
5	Sat	11:01	4.2	11:31	4.7	4:45	-0.7	5:01	-0.6	6:27	6:01	☀
6	Sun	11:53	3.8			5:44	-0.4	5:56	-0.4	6:26	6:02	☀
7	Mon	12:27	4.4	12:50	3.4	6:45	-0.1	6:53	-0.2	6:24	6:03	☀
8	Tue	1:30	4.1	1:52	3.1	7:49	0.2	7:54	0.0	6:23	6:04	☀
9	Wed	2:37	3.9	3:00	3.0	8:55	0.3	8:57	0.1	6:21	6:05	☀
10	Thu	3:46	3.8	4:04	3.1	10:00	0.3	9:59	0.1	6:20	6:05	☀
11	Fri	4:45	3.8	4:58	3.2	10:57	0.3	10:55	0.0	6:19	6:06	☀
12	Sat	5:33	3.9	5:43	3.4	11:42	0.2	11:43	0.0	6:17	6:07	☀
13	Sun	7:14	4.0	7:24	3.7			1:20	0.1	7:16	7:08	☀
14	Mon	7:52	4.1	8:04	3.9	1:26	-0.1	1:54	0.1	7:14	7:09	☀
15	Tue	8:30	4.1	8:43	4.1	2:05	-0.2	2:27	0.0	7:13	7:10	☀
16	Wed	9:07	4.1	9:21	4.2	2:43	-0.2	3:00	0.0	7:11	7:11	☀
17	Thu	9:44	4.1	10:00	4.3	3:20	-0.2	3:35	0.0	7:10	7:12	☀
18	Fri	10:22	4.0	10:38	4.3	3:58	-0.1	4:10	0.1	7:08	7:13	☀
19	Sat	10:59	3.9	11:17	4.3	4:38	0.0	4:47	0.2	7:07	7:14	☀
20	Sun	11:38	3.7	11:59	4.2	5:19	0.2	5:27	0.3	7:05	7:15	☀
21	Mon			12:18	3.6	6:05	0.3	6:11	0.4	7:04	7:16	☀
22	Tue	12:44	4.2	1:04	3.4	6:55	0.5	7:00	0.4	7:02	7:16	☀
23	Wed	1:35	4.1	1:58	3.3	7:50	0.5	7:56	0.4	7:01	7:17	☀
24	Thu	2:34	4.2	2:59	3.4	8:48	0.5	8:57	0.3	6:59	7:18	☀
25	Fri	3:37	4.3	4:03	3.6	9:48	0.4	10:00	0.1	6:58	7:19	☀
26	Sat	4:40	4.4	5:05	3.9	10:48	0.2	11:03	-0.1	6:56	7:20	☀
27	Sun	5:39	4.7	6:03	4.3	11:45	-0.1			6:55	7:21	☀
28	Mon	6:35	4.8	6:58	4.7	12:04	-0.4	12:38	-0.4	6:53	7:22	☀
29	Tue	7:27	5.0	7:50	5.1	1:02	-0.7	1:29	-0.6	6:52	7:23	☀
30	Wed	8:19	5.0	8:42	5.3	1:56	-0.9	2:18	-0.8	6:50	7:24	☀
31	Thu	9:10	4.9	9:33	5.5	2:49	-1.0	3:06	-0.9	6:49	7:25	☀