
































## Sand Shoal Inlet, VA - Sep 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:18	3.7	1:53	4.3	7:15	0.8	8:02	1.1	6:34	7:31	
2	Fri	2:10	3.5	2:49	4.3	8:07	0.8	8:59	1.1	6:34	7:30	
3	Sat	3:08	3.5	3:49	4.5	9:03	0.8	9:57	1.0	6:35	7:28	
4	Sun	4:09	3.7	4:47	4.7	10:01	0.6	10:55	0.8	6:36	7:27	
5	Mon	5:07	3.9	5:42	5.0	10:59	0.4	11:49	0.5	6:37	7:25	
6	Tue	6:02	4.3	6:34	5.3	11:57	0.1			6:38	7:24	
7	Wed	6:54	4.7	7:24	5.5	12:40	0.2	12:52	-0.2	6:39	7:22	
8	Thu	7:45	5.0	8:13	5.6	1:29	-0.1	1:45	-0.4	6:39	7:21	
9	Fri	8:36	5.4	9:02	5.6	2:16	-0.3	2:37	-0.5	6:40	7:19	
10	Sat	9:27	5.6	9:52	5.4	3:03	-0.5	3:29	-0.6	6:41	7:18	
11	Sun	10:18	5.7	10:42	5.1	3:50	-0.5	4:22	-0.4	6:42	7:16	
12	Mon	11:10	5.6	11:32	4.7	4:39	-0.4	5:17	-0.2	6:43	7:15	
13	Tue			12:03	5.4	5:30	-0.3	6:16	0.0	6:43	7:13	
14	Wed	12:25	4.3	1:00	5.1	6:25	-0.1	7:18	0.3	6:44	7:12	
15	Thu	1:22	4.0	2:01	4.8	7:24	0.1	8:22	0.5	6:45	7:10	
16	Fri	2:25	3.7	3:08	4.6	8:25	0.3	9:29	0.6	6:46	7:09	
17	Sat	3:34	3.5	4:17	4.5	9:29	0.4	10:34	0.6	6:47	7:07	
18	Sun	4:42	3.6	5:19	4.5	10:32	0.4	11:33	0.6	6:48	7:06	
19	Mon	5:40	3.7	6:10	4.5	11:31	0.4			6:48	7:04	
20	Tue	6:27	3.9	6:53	4.5	12:21	0.5	12:23	0.3	6:49	7:02	
21	Wed	7:08	4.2	7:31	4.6	1:01	0.4	1:08	0.3	6:50	7:01	
22	Thu	7:48	4.4	8:09	4.6	1:36	0.3	1:49	0.2	6:51	6:59	
23	Fri	8:26	4.6	8:46	4.5	2:09	0.3	2:27	0.2	6:52	6:58	
24	Sat	9:05	4.7	9:24	4.5	2:43	0.3	3:05	0.3	6:53	6:56	
25	Sun	9:43	4.8	10:02	4.4	3:17	0.3	3:43	0.3	6:53	6:55	
26	Mon	10:23	4.8	10:41	4.2	3:52	0.4	4:22	0.5	6:54	6:53	
27	Tue	11:02	4.7	11:20	4.0	4:29	0.5	5:04	0.6	6:55	6:52	
28	Wed	11:43	4.7			5:08	0.6	5:49	0.8	6:56	6:50	
29	Thu	12:01	3.9	12:28	4.6	5:51	0.8	6:38	0.9	6:57	6:49	
30	Fri	12:46	3.7	1:17	4.5	6:39	0.9	7:31	1.0	6:58	6:47	