

































Sand Shoal Inlet, VA - May 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:26	3.8	7:45	4.4	1:17	0.1	1:20	0.1	6:07	7:52	
2	Tue	8:05	3.9	8:24	4.6	1:56	0.1	1:56	0.1	6:06	7:53	
3	Wed	8:45	3.9	9:03	4.7	2:33	0.0	2:32	0.1	6:05	7:54	
4	Thu	9:24	3.8	9:43	4.7	3:11	0.1	3:09	0.2	6:04	7:55	
5	Fri	10:04	3.8	10:22	4.7	3:49	0.1	3:46	0.2	6:03	7:56	
6	Sat	10:44	3.7	11:03	4.6	4:29	0.2	4:25	0.3	6:02	7:57	
7	Sun	11:25	3.6	11:44	4.6	5:11	0.3	5:07	0.5	6:01	7:58	
8	Mon			12:08	3.5	5:55	0.5	5:53	0.5	6:00	7:58	
9	Tue	12:29	4.4	12:54	3.5	6:43	0.5	6:44	0.6	5:59	7:59	
10	Wed	1:17	4.4	1:47	3.6	7:34	0.5	7:41	0.6	5:58	8:00	
11	Thu	2:11	4.3	2:45	3.7	8:26	0.5	8:41	0.5	5:57	8:01	
12	Fri	3:10	4.3	3:46	4.0	9:20	0.3	9:42	0.4	5:56	8:02	
13	Sat	4:10	4.3	4:45	4.4	10:15	0.2	10:45	0.2	5:55	8:03	
14	Sun	5:08	4.4	5:41	4.8	11:09	-0.1	11:46	-0.1	5:54	8:04	
15	Mon	6:04	4.5	6:35	5.2			12:03	-0.3	5:53	8:05	
16	Tue	6:58	4.5	7:28	5.6	12:44	-0.4	12:55	-0.6	5:53	8:05	
17	Wed	7:52	4.5	8:20	5.8	1:40	-0.6	1:46	-0.7	5:52	8:06	
18	Thu	8:45	4.5	9:13	5.8	2:34	-0.7	2:37	-0.8	5:51	8:07	
19	Fri	9:38	4.4	10:05	5.7	3:27	-0.7	3:28	-0.7	5:50	8:08	
20	Sat	10:31	4.2	10:58	5.5	4:20	-0.6	4:20	-0.6	5:50	8:09	
21	Sun	11:24	4.0	11:50	5.2	5:13	-0.5	5:15	-0.4	5:49	8:09	
22	Mon			12:18	3.9	6:09	-0.3	6:12	-0.1	5:48	8:10	
23	Tue	12:43	4.7	1:14	3.7	7:05	-0.1	7:11	0.1	5:48	8:11	
24	Wed	1:39	4.3	2:14	3.6	8:00	0.1	8:12	0.3	5:47	8:12	
25	Thu	2:37	4.0	3:16	3.6	8:55	0.2	9:14	0.5	5:47	8:13	
26	Fri	3:36	3.7	4:16	3.7	9:46	0.3	10:15	0.5	5:46	8:13	
27	Sat	4:32	3.6	5:09	3.9	10:34	0.3	11:12	0.5	5:46	8:14	
28	Sun	5:23	3.5	5:54	4.1	11:19	0.3			5:45	8:15	
29	Mon	6:08	3.5	6:36	4.3	12:04	0.5	12:02	0.3	5:45	8:16	
30	Tue	6:51	3.6	7:16	4.5	12:49	0.4	12:42	0.2	5:44	8:16	
31	Wed	7:33	3.6	7:56	4.7	1:30	0.3	1:21	0.2	5:44	8:17	