



Sand Shoal Inlet, VA - Mar 2040

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 9:34 | 4.4 | 9:51 | 4.3 | 3:04 | -0.3 | 3:29 | -0.1 | 6:32 | 5:57 | ☉ |
| 2 | Fri | 10:14 | 4.2 | 10:34 | 4.4 | 3:49 | -0.2 | 4:09 | -0.1 | 6:31 | 5:58 | ☉ |
| 3 | Sat | 10:56 | 3.9 | 11:21 | 4.4 | 4:38 | -0.1 | 4:52 | -0.1 | 6:30 | 5:59 | ☾ |
| 4 | Sun | 11:42 | 3.6 | | | 5:32 | 0.0 | 5:41 | 0.0 | 6:28 | 6:00 | ☾ |
| 5 | Mon | 12:14 | 4.4 | 12:35 | 3.3 | 6:31 | 0.2 | 6:35 | 0.1 | 6:27 | 6:01 | ☾ |
| 6 | Tue | 1:14 | 4.3 | 1:37 | 3.1 | 7:35 | 0.3 | 7:36 | 0.1 | 6:25 | 6:02 | ☾ |
| 7 | Wed | 2:22 | 4.3 | 2:46 | 3.1 | 8:43 | 0.3 | 8:41 | 0.0 | 6:24 | 6:03 | ☾ |
| 8 | Thu | 3:33 | 4.4 | 3:55 | 3.2 | 9:51 | 0.2 | 9:48 | -0.2 | 6:22 | 6:04 | ☾ |
| 9 | Fri | 4:39 | 4.6 | 4:59 | 3.4 | 10:56 | 0.0 | 10:53 | -0.4 | 6:21 | 6:05 | ☾ |
| 10 | Sat | 5:39 | 4.8 | 5:56 | 3.7 | 11:53 | -0.2 | 11:53 | -0.6 | 6:20 | 6:06 | ☾ |
| 11 | Sun | 7:32 | 4.9 | 7:49 | 4.0 | | | 1:42 | -0.4 | 7:18 | 7:07 | ☾ |
| 12 | Mon | 8:22 | 4.9 | 8:38 | 4.3 | 1:47 | -0.8 | 2:27 | -0.5 | 7:17 | 7:08 | ☾ |
| 13 | Tue | 9:08 | 4.7 | 9:25 | 4.4 | 2:38 | -0.8 | 3:09 | -0.5 | 7:15 | 7:09 | ☾ |
| 14 | Wed | 9:52 | 4.5 | 10:09 | 4.5 | 3:26 | -0.8 | 3:49 | -0.5 | 7:14 | 7:09 | ☾ |
| 15 | Thu | 10:34 | 4.2 | 10:53 | 4.5 | 4:12 | -0.6 | 4:29 | -0.4 | 7:12 | 7:10 | ☾ |
| 16 | Fri | 11:16 | 3.9 | 11:36 | 4.4 | 4:59 | -0.4 | 5:09 | -0.2 | 7:11 | 7:11 | ☾ |
| 17 | Sat | 11:57 | 3.6 | | | 5:46 | -0.1 | 5:50 | 0.1 | 7:09 | 7:12 | ☾ |
| 18 | Sun | 12:20 | 4.2 | 12:41 | 3.2 | 6:35 | 0.2 | 6:35 | 0.3 | 7:08 | 7:13 | ☾ |
| 19 | Mon | 1:07 | 4.0 | 1:28 | 3.0 | 7:27 | 0.5 | 7:23 | 0.5 | 7:06 | 7:14 | ☾ |
| 20 | Tue | 2:00 | 3.8 | 2:22 | 2.8 | 8:22 | 0.7 | 8:16 | 0.6 | 7:05 | 7:15 | ☾ |
| 21 | Wed | 3:01 | 3.6 | 3:23 | 2.7 | 9:20 | 0.8 | 9:13 | 0.7 | 7:03 | 7:16 | ☾ |
| 22 | Thu | 4:05 | 3.6 | 4:25 | 2.8 | 10:20 | 0.9 | 10:12 | 0.6 | 7:02 | 7:17 | ☾ |
| 23 | Fri | 5:05 | 3.8 | 5:21 | 3.0 | 11:16 | 0.8 | 11:09 | 0.5 | 7:00 | 7:18 | ☾ |
| 24 | Sat | 5:57 | 4.0 | 6:10 | 3.3 | | | 12:04 | 0.6 | 6:59 | 7:19 | ☾ |
| 25 | Sun | 6:42 | 4.2 | 6:55 | 3.7 | 12:01 | 0.3 | 12:46 | 0.5 | 6:57 | 7:19 | ☉ |
| 26 | Mon | 7:24 | 4.4 | 7:37 | 4.0 | 12:49 | 0.1 | 1:24 | 0.2 | 6:56 | 7:20 | ☉ |
| 27 | Tue | 8:05 | 4.5 | 8:19 | 4.3 | 1:34 | -0.1 | 2:02 | 0.1 | 6:54 | 7:21 | ☉ |
| 28 | Wed | 8:45 | 4.5 | 9:01 | 4.6 | 2:17 | -0.3 | 2:39 | -0.1 | 6:53 | 7:22 | ☉ |
| 29 | Thu | 9:26 | 4.5 | 9:43 | 4.9 | 3:01 | -0.4 | 3:17 | -0.2 | 6:51 | 7:23 | ☉ |
| 30 | Fri | 10:08 | 4.4 | 10:27 | 5.0 | 3:46 | -0.4 | 3:57 | -0.2 | 6:50 | 7:24 | ☉ |
| 31 | Sat | 10:51 | 4.2 | 11:13 | 5.0 | 4:34 | -0.3 | 4:40 | -0.2 | 6:48 | 7:25 | ☉ |