
































## Sand Shoal Inlet, VA - Jun 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:31	4.8	2:05	3.6	7:54	0.0	8:00	0.2	5:43	8:18	
2	Sat	2:33	4.4	3:12	3.7	8:51	0.1	9:08	0.3	5:43	8:19	
3	Sun	3:36	4.1	4:18	3.9	9:46	0.1	10:14	0.3	5:43	8:19	
4	Mon	4:36	3.8	5:15	4.1	10:38	0.1	11:19	0.3	5:42	8:20	
5	Tue	5:31	3.7	6:05	4.4	11:26	0.1			5:42	8:20	
6	Wed	6:19	3.5	6:49	4.6	12:17	0.2	12:11	0.1	5:42	8:21	
7	Thu	7:04	3.5	7:30	4.7	1:08	0.2	12:53	0.1	5:42	8:22	
8	Fri	7:46	3.4	8:11	4.8	1:52	0.1	1:33	0.1	5:42	8:22	
9	Sat	8:28	3.4	8:51	4.8	2:32	0.1	2:12	0.1	5:42	8:23	
10	Sun	9:10	3.4	9:33	4.8	3:10	0.2	2:52	0.1	5:42	8:23	
11	Mon	9:51	3.4	10:14	4.7	3:49	0.2	3:31	0.2	5:42	8:23	
12	Tue	10:33	3.3	10:56	4.6	4:28	0.3	4:12	0.3	5:42	8:24	
13	Wed	11:15	3.3	11:38	4.5	5:09	0.5	4:55	0.4	5:42	8:24	
14	Thu	11:59	3.3			5:52	0.6	5:40	0.6	5:42	8:25	
15	Fri	12:21	4.3	12:44	3.3	6:36	0.6	6:29	0.7	5:42	8:25	
16	Sat	1:05	4.2	1:33	3.4	7:20	0.6	7:22	0.8	5:42	8:25	
17	Sun	1:52	4.0	2:26	3.6	8:05	0.6	8:18	0.8	5:42	8:26	
18	Mon	2:43	3.9	3:21	3.8	8:50	0.5	9:16	0.7	5:42	8:26	
19	Tue	3:37	3.8	4:15	4.2	9:38	0.4	10:16	0.6	5:42	8:26	
20	Wed	4:32	3.8	5:09	4.6	10:27	0.2	11:16	0.4	5:42	8:26	
21	Thu	5:27	3.8	6:01	5.1	11:19	0.1			5:43	8:27	
22	Fri	6:21	3.8	6:53	5.4	12:15	0.1	12:11	-0.2	5:43	8:27	
23	Sat	7:14	3.9	7:46	5.7	1:11	-0.1	1:04	-0.4	5:43	8:27	
24	Sun	8:08	3.9	8:40	5.9	2:05	-0.3	1:57	-0.5	5:43	8:27	
25	Mon	9:02	4.0	9:34	5.9	2:58	-0.4	2:50	-0.6	5:44	8:27	
26	Tue	9:56	4.0	10:28	5.7	3:51	-0.4	3:44	-0.6	5:44	8:27	
27	Wed	10:51	4.0	11:21	5.5	4:44	-0.4	4:39	-0.5	5:45	8:27	
28	Thu	11:47	4.0			5:38	-0.3	5:38	-0.3	5:45	8:27	
29	Fri	12:15	5.1	12:44	4.0	6:32	-0.2	6:39	-0.1	5:45	8:27	
30	Sat	1:09	4.7	1:43	3.9	7:26	-0.1	7:43	0.1	5:46	8:27	