

































## Sand Shoal Inlet, VA - Aug 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:25	3.3	4:11	4.2	9:21	0.4	10:31	0.7	6:08	8:10	
2	Thu	4:25	3.1	5:07	4.3	10:13	0.5	11:33	0.7	6:09	8:09	
3	Fri	5:20	3.1	5:58	4.4	11:05	0.5			6:10	8:08	
4	Sat	6:10	3.1	6:44	4.5	12:26	0.7	11:56 AM	0.5	6:10	8:07	
5	Sun	6:55	3.3	7:27	4.6	1:10	0.6	12:43	0.4	6:11	8:06	
6	Mon	7:38	3.4	8:08	4.7	1:47	0.6	1:26	0.3	6:12	8:05	
7	Tue	8:20	3.6	8:48	4.8	2:22	0.5	2:07	0.2	6:13	8:04	
8	Wed	9:01	3.8	9:27	4.9	2:57	0.4	2:47	0.2	6:14	8:03	
9	Thu	9:41	3.9	10:05	4.8	3:32	0.4	3:27	0.2	6:15	8:01	
10	Fri	10:21	4.0	10:42	4.7	4:07	0.4	4:07	0.3	6:16	8:00	
11	Sat	11:01	4.1	11:20	4.6	4:43	0.4	4:50	0.4	6:16	7:59	
12	Sun	11:42	4.2	11:59	4.3	5:20	0.4	5:36	0.5	6:17	7:58	
13	Mon			12:25	4.3	6:00	0.5	6:26	0.6	6:18	7:57	
14	Tue	12:41	4.1	1:13	4.4	6:43	0.5	7:22	0.7	6:19	7:55	
15	Wed	1:29	3.8	2:08	4.6	7:31	0.5	8:23	0.7	6:20	7:54	
16	Thu	2:26	3.6	3:10	4.7	8:25	0.4	9:26	0.7	6:21	7:53	
17	Fri	3:29	3.5	4:15	4.9	9:24	0.4	10:32	0.6	6:21	7:52	
18	Sat	4:35	3.5	5:18	5.2	10:27	0.2	11:37	0.4	6:22	7:50	
19	Sun	5:38	3.7	6:18	5.4	11:30	0.0			6:23	7:49	
20	Mon	6:37	3.9	7:15	5.6	12:37	0.2	12:31	-0.3	6:24	7:48	
21	Tue	7:34	4.2	8:09	5.7	1:31	0.0	1:28	-0.5	6:25	7:46	
22	Wed	8:28	4.5	9:00	5.7	2:21	-0.2	2:23	-0.6	6:26	7:45	
23	Thu	9:20	4.7	9:50	5.5	3:08	-0.3	3:16	-0.6	6:26	7:44	
24	Fri	10:11	4.8	10:37	5.2	3:54	-0.3	4:08	-0.4	6:27	7:42	
25	Sat	11:00	4.8	11:24	4.7	4:39	-0.3	5:01	-0.2	6:28	7:41	
26	Sun	11:49	4.8			5:25	-0.1	5:56	0.1	6:29	7:40	
27	Mon	12:10	4.3	12:39	4.6	6:11	0.1	6:52	0.4	6:30	7:38	
28	Tue	12:58	3.8	1:31	4.5	6:59	0.4	7:51	0.6	6:31	7:37	
29	Wed	1:49	3.4	2:28	4.3	7:49	0.6	8:53	0.8	6:31	7:35	
30	Thu	2:47	3.2	3:30	4.2	8:42	0.7	9:57	1.0	6:32	7:34	
31	Fri	3:49	3.1	4:33	4.2	9:37	0.8	11:00	1.0	6:33	7:32	