









Sand Shoal Inlet, VA - Aug 2021

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|----------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 11:39 | 3.9 | 11:57 | 4.2 | 5:21 | 0.5 | 5:28 | 0.5 | 6:08 | 8:10 |  |
| 2 | Fri | | | 12:20 | 3.9 | 5:58 | 0.6 | 6:14 | 0.7 | 6:09 | 8:09 |  |
| 3 | Sat | 12:36 | 4.0 | 1:04 | 4.0 | 6:37 | 0.6 | 7:05 | 0.8 | 6:09 | 8:08 |  |
| 4 | Sun | 1:18 | 3.7 | 1:52 | 4.1 | 7:19 | 0.7 | 7:59 | 0.9 | 6:10 | 8:07 |  |
| 5 | Mon | 2:06 | 3.5 | 2:46 | 4.2 | 8:05 | 0.7 | 8:57 | 0.9 | 6:11 | 8:06 |  |
| 6 | Tue | 3:02 | 3.4 | 3:45 | 4.4 | 8:56 | 0.6 | 9:58 | 0.9 | 6:12 | 8:05 |  |
| 7 | Wed | 4:02 | 3.3 | 4:45 | 4.7 | 9:51 | 0.5 | 11:00 | 0.7 | 6:13 | 8:04 |  |
| 8 | Thu | 5:03 | 3.4 | 5:43 | 5.0 | 10:51 | 0.3 | | | 6:14 | 8:03 |  |
| 9 | Fri | 6:01 | 3.6 | 6:39 | 5.4 | 12:00 | 0.5 | 11:50 AM | 0.1 | 6:14 | 8:02 |  |
| 10 | Sat | 6:57 | 3.9 | 7:33 | 5.6 | 12:57 | 0.3 | 12:48 | -0.2 | 6:15 | 8:01 |  |
| 11 | Sun | 7:51 | 4.1 | 8:26 | 5.8 | 1:49 | 0.0 | 1:43 | -0.4 | 6:16 | 7:59 |  |
| 12 | Mon | 8:44 | 4.4 | 9:17 | 5.8 | 2:38 | -0.2 | 2:37 | -0.6 | 6:17 | 7:58 |  |
| 13 | Tue | 9:37 | 4.7 | 10:07 | 5.6 | 3:25 | -0.3 | 3:31 | -0.6 | 6:18 | 7:57 |  |
| 14 | Wed | 10:30 | 4.8 | 10:56 | 5.3 | 4:12 | -0.4 | 4:26 | -0.5 | 6:19 | 7:56 |  |
| 15 | Thu | 11:22 | 4.9 | 11:45 | 4.9 | 5:00 | -0.4 | 5:22 | -0.3 | 6:20 | 7:55 |  |
| 16 | Fri | | | 12:14 | 4.9 | 5:48 | -0.2 | 6:21 | 0.0 | 6:20 | 7:53 |  |
| 17 | Sat | 12:35 | 4.4 | 1:09 | 4.8 | 6:38 | -0.1 | 7:23 | 0.2 | 6:21 | 7:52 |  |
| 18 | Sun | 1:28 | 3.9 | 2:08 | 4.7 | 7:30 | 0.1 | 8:28 | 0.5 | 6:22 | 7:51 |  |
| 19 | Mon | 2:26 | 3.5 | 3:12 | 4.5 | 8:25 | 0.3 | 9:36 | 0.7 | 6:23 | 7:49 |  |
| 20 | Tue | 3:31 | 3.2 | 4:19 | 4.4 | 9:23 | 0.4 | 10:46 | 0.7 | 6:24 | 7:48 |  |
| 21 | Wed | 4:37 | 3.1 | 5:22 | 4.5 | 10:22 | 0.5 | 11:51 | 0.7 | 6:25 | 7:47 |  |
| 22 | Thu | 5:37 | 3.1 | 6:16 | 4.5 | 11:20 | 0.5 | | | 6:25 | 7:45 |  |
| 23 | Fri | 6:27 | 3.3 | 7:02 | 4.6 | 12:43 | 0.7 | 12:14 | 0.4 | 6:26 | 7:44 |  |
| 24 | Sat | 7:10 | 3.5 | 7:42 | 4.7 | 1:24 | 0.6 | 1:01 | 0.3 | 6:27 | 7:43 |  |
| 25 | Sun | 7:51 | 3.7 | 8:21 | 4.8 | 1:59 | 0.5 | 1:43 | 0.3 | 6:28 | 7:41 |  |
| 26 | Mon | 8:31 | 3.9 | 8:58 | 4.8 | 2:30 | 0.5 | 2:22 | 0.2 | 6:29 | 7:40 |  |
| 27 | Tue | 9:10 | 4.1 | 9:34 | 4.7 | 3:02 | 0.4 | 3:01 | 0.2 | 6:30 | 7:38 |  |
| 28 | Wed | 9:49 | 4.2 | 10:10 | 4.6 | 3:33 | 0.4 | 3:39 | 0.3 | 6:30 | 7:37 |  |
| 29 | Thu | 10:27 | 4.3 | 10:46 | 4.4 | 4:06 | 0.4 | 4:19 | 0.4 | 6:31 | 7:36 |  |
| 30 | Fri | 11:05 | 4.4 | 11:23 | 4.2 | 4:40 | 0.5 | 5:00 | 0.6 | 6:32 | 7:34 |  |
| 31 | Sat | 11:44 | 4.4 | | | 5:15 | 0.6 | 5:45 | 0.7 | 6:33 | 7:33 |  |