

































Sand Shoal Inlet, VA - May 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:20	3.7	6:39	4.0	12:00	0.5	12:17	0.5	6:07	7:52	
2	Fri	6:59	3.8	7:17	4.3	12:45	0.4	12:51	0.4	6:06	7:53	
3	Sat	7:38	3.8	7:55	4.5	1:26	0.3	1:26	0.3	6:05	7:54	
4	Sun	8:16	3.8	8:33	4.7	2:05	0.2	2:00	0.3	6:04	7:55	
5	Mon	8:55	3.7	9:12	4.8	2:44	0.1	2:36	0.2	6:03	7:56	
6	Tue	9:34	3.6	9:52	4.9	3:23	0.2	3:13	0.3	6:02	7:57	
7	Wed	10:14	3.6	10:33	4.9	4:03	0.2	3:51	0.3	6:01	7:58	
8	Thu	10:55	3.5	11:17	4.8	4:46	0.3	4:33	0.4	6:00	7:58	
9	Fri	11:38	3.4			5:33	0.4	5:19	0.4	5:59	7:59	
10	Sat	12:04	4.7	12:26	3.3	6:25	0.5	6:13	0.5	5:58	8:00	
11	Sun	12:55	4.6	1:21	3.3	7:19	0.5	7:13	0.5	5:57	8:01	
12	Mon	1:52	4.5	2:23	3.4	8:15	0.5	8:17	0.5	5:56	8:02	
13	Tue	2:54	4.4	3:29	3.7	9:11	0.4	9:23	0.3	5:55	8:03	
14	Wed	3:57	4.4	4:31	4.1	10:06	0.2	10:29	0.2	5:54	8:04	
15	Thu	4:56	4.3	5:29	4.6	10:59	0.0	11:33	0.0	5:53	8:05	
16	Fri	5:52	4.3	6:23	5.0	11:50	-0.2			5:53	8:05	
17	Sat	6:46	4.2	7:15	5.4	12:34	-0.3	12:40	-0.4	5:52	8:06	
18	Sun	7:37	4.1	8:06	5.6	1:31	-0.4	1:29	-0.5	5:51	8:07	
19	Mon	8:29	4.0	8:56	5.7	2:24	-0.5	2:17	-0.5	5:50	8:08	
20	Tue	9:19	3.8	9:46	5.5	3:15	-0.5	3:05	-0.5	5:50	8:09	
21	Wed	10:09	3.7	10:37	5.3	4:06	-0.3	3:53	-0.3	5:49	8:10	
22	Thu	10:59	3.5	11:27	5.0	4:57	-0.1	4:44	-0.1	5:48	8:10	
23	Fri	11:49	3.4			5:50	0.1	5:37	0.1	5:48	8:11	
24	Sat	12:18	4.6	12:41	3.2	6:44	0.3	6:33	0.3	5:47	8:12	
25	Sun	1:10	4.3	1:36	3.2	7:38	0.5	7:31	0.5	5:47	8:13	
26	Mon	2:04	4.0	2:35	3.2	8:29	0.6	8:30	0.7	5:46	8:13	
27	Tue	3:00	3.7	3:35	3.3	9:16	0.6	9:29	0.7	5:46	8:14	
28	Wed	3:55	3.6	4:30	3.6	10:00	0.6	10:26	0.7	5:45	8:15	
29	Thu	4:46	3.5	5:17	3.9	10:42	0.6	11:21	0.7	5:45	8:16	
30	Fri	5:33	3.5	6:01	4.2	11:23	0.5			5:44	8:16	
31	Sat	6:17	3.5	6:42	4.5	12:10	0.6	12:03	0.4	5:44	8:17	