
































Sand Shoal Inlet, VA - Nov 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:24	5.6	11:45	3.7	4:40	-0.2	5:46	0.1	7:28	6:05	
2	Sun	11:19	5.2	11:41	3.4	4:34	0.0	5:46	0.3	6:29	5:04	
3	Mon			12:18	4.8	5:33	0.3	6:50	0.5	6:30	5:03	
4	Tue	12:42	3.2	1:21	4.4	6:37	0.5	7:53	0.7	6:31	5:02	
5	Wed	1:52	3.2	2:28	4.2	7:43	0.6	8:53	0.7	6:32	5:01	
6	Thu	3:03	3.3	3:30	4.0	8:48	0.7	9:44	0.7	6:33	5:00	
7	Fri	4:02	3.5	4:20	4.0	9:49	0.7	10:26	0.6	6:34	4:59	
8	Sat	4:47	3.8	5:03	3.9	10:44	0.6	11:03	0.5	6:35	4:58	
9	Sun	5:27	4.1	5:41	3.9	11:31	0.5	11:37	0.4	6:36	4:57	
10	Mon	6:04	4.4	6:19	3.9			12:12	0.4	6:37	4:56	
11	Tue	6:41	4.6	6:57	3.8	12:10	0.3	12:51	0.4	6:38	4:55	
12	Wed	7:19	4.8	7:35	3.8	12:44	0.3	1:29	0.3	6:39	4:55	
13	Thu	7:57	4.9	8:14	3.7	1:19	0.3	2:07	0.3	6:40	4:54	
14	Fri	8:37	4.9	8:54	3.6	1:56	0.3	2:46	0.4	6:41	4:53	
15	Sat	9:17	4.9	9:34	3.5	2:33	0.4	3:28	0.5	6:42	4:52	
16	Sun	10:00	4.8	10:16	3.4	3:13	0.4	4:13	0.6	6:43	4:52	
17	Mon	10:44	4.7	11:02	3.3	3:56	0.5	5:02	0.7	6:44	4:51	
18	Tue	11:33	4.6	11:54	3.3	4:46	0.6	5:55	0.7	6:45	4:50	
19	Wed			12:26	4.5	5:43	0.6	6:49	0.7	6:46	4:50	
20	Thu	12:54	3.3	1:24	4.4	6:46	0.6	7:44	0.5	6:47	4:49	
21	Fri	1:58	3.6	2:25	4.4	7:51	0.5	8:37	0.3	6:48	4:49	
22	Sat	3:01	4.0	3:24	4.3	8:57	0.4	9:29	0.1	6:49	4:48	
23	Sun	4:00	4.4	4:21	4.3	10:01	0.1	10:20	-0.2	6:50	4:48	
24	Mon	4:55	4.9	5:15	4.2	11:03	-0.1	11:11	-0.4	6:51	4:47	
25	Tue	5:48	5.4	6:07	4.2			12:01	-0.3	6:52	4:47	
26	Wed	6:39	5.7	6:59	4.1	12:01	-0.6	12:56	-0.4	6:53	4:47	
27	Thu	7:31	5.8	7:50	3.9	12:50	-0.7	1:49	-0.5	6:54	4:46	
28	Fri	8:22	5.7	8:41	3.8	1:39	-0.7	2:40	-0.4	6:55	4:46	
29	Sat	9:14	5.6	9:33	3.6	2:29	-0.6	3:33	-0.2	6:56	4:46	
30	Sun	10:06	5.3	10:24	3.4	3:20	-0.4	4:26	0.0	6:57	4:45	