

































## Sand Shoal Inlet, VA - Jan 2043

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:03	3.8	5:36	0.1	6:18	0.2	7:17	4:56	
2	Fri	12:30	3.3	12:49	3.4	6:30	0.4	7:01	0.3	7:17	4:57	
3	Sat	1:24	3.3	1:39	3.1	7:27	0.5	7:45	0.4	7:17	4:57	
4	Sun	2:19	3.4	2:33	2.9	8:24	0.6	8:29	0.4	7:17	4:58	
5	Mon	3:15	3.5	3:27	2.8	9:22	0.6	9:16	0.4	7:17	4:59	
6	Tue	4:07	3.8	4:19	2.8	10:19	0.6	10:04	0.3	7:17	5:00	
7	Wed	4:56	4.0	5:07	2.9	11:11	0.5	10:53	0.2	7:17	5:01	
8	Thu	5:43	4.2	5:54	3.0	11:59	0.4	11:40	0.0	7:17	5:02	
9	Fri	6:28	4.4	6:39	3.1			12:42	0.3	7:17	5:03	
10	Sat	7:12	4.7	7:23	3.2	12:25	-0.1	1:24	0.1	7:17	5:04	
11	Sun	7:56	4.8	8:07	3.4	1:09	-0.3	2:06	0.0	7:16	5:05	
12	Mon	8:39	4.9	8:52	3.5	1:53	-0.4	2:47	-0.1	7:16	5:06	
13	Tue	9:22	4.9	9:38	3.6	2:38	-0.4	3:29	-0.2	7:16	5:07	
14	Wed	10:05	4.8	10:24	3.7	3:25	-0.4	4:13	-0.2	7:16	5:08	
15	Thu	10:49	4.6	11:13	3.8	4:15	-0.3	4:58	-0.2	7:15	5:09	
16	Fri	11:36	4.2			5:11	-0.2	5:45	-0.2	7:15	5:10	
17	Sat	12:06	4.0	12:26	3.8	6:10	0.0	6:35	-0.2	7:15	5:11	
18	Sun	1:04	4.0	1:22	3.5	7:13	0.1	7:28	-0.2	7:14	5:12	
19	Mon	2:07	4.2	2:25	3.2	8:20	0.1	8:24	-0.2	7:14	5:13	
20	Tue	3:13	4.3	3:30	3.0	9:29	0.1	9:24	-0.3	7:13	5:14	
21	Wed	4:17	4.5	4:33	3.0	10:38	0.1	10:25	-0.4	7:13	5:15	
22	Thu	5:18	4.6	5:33	3.0	11:41	-0.1	11:25	-0.5	7:12	5:16	
23	Fri	6:15	4.7	6:27	3.1			12:37	-0.2	7:12	5:17	
24	Sat	7:07	4.8	7:19	3.3	12:20	-0.6	1:25	-0.3	7:11	5:18	
25	Sun	7:56	4.8	8:07	3.4	1:11	-0.7	2:10	-0.3	7:11	5:19	
26	Mon	8:41	4.7	8:53	3.5	1:59	-0.7	2:51	-0.3	7:10	5:20	
27	Tue	9:23	4.5	9:37	3.5	2:45	-0.6	3:31	-0.3	7:09	5:21	
28	Wed	10:04	4.3	10:20	3.6	3:30	-0.4	4:09	-0.2	7:09	5:23	
29	Thu	10:43	4.0	11:03	3.5	4:15	-0.2	4:47	0.0	7:08	5:24	
30	Fri	11:23	3.6	11:47	3.5	5:02	0.0	5:26	0.1	7:07	5:25	
31	Sat			12:05	3.3	5:50	0.3	6:06	0.2	7:06	5:26	