

































Sand Shoal Inlet, VA - Mar 2043

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:26	3.2	11:51	3.8	5:14	0.3	5:17	0.3	6:33	5:56	
2	Mon			12:09	3.0	6:02	0.5	6:01	0.5	6:32	5:57	
3	Tue	12:40	3.7	12:58	2.8	6:54	0.7	6:50	0.6	6:31	5:58	
4	Wed	1:37	3.6	1:55	2.7	7:52	0.8	7:46	0.6	6:29	5:59	
5	Thu	2:40	3.7	2:57	2.7	8:52	0.9	8:45	0.5	6:28	6:00	
6	Fri	3:43	3.8	3:58	2.9	9:53	0.8	9:45	0.3	6:26	6:01	
7	Sat	4:40	4.1	4:53	3.2	10:49	0.6	10:43	0.1	6:25	6:02	
8	Sun	6:31	4.4	6:44	3.5			12:39	0.3	7:23	7:03	
9	Mon	7:18	4.7	7:32	3.9	12:37	-0.2	1:23	0.0	7:22	7:04	
10	Tue	8:04	4.9	8:19	4.4	1:28	-0.5	2:06	-0.3	7:21	7:05	
11	Wed	8:49	4.9	9:07	4.7	2:18	-0.7	2:48	-0.5	7:19	7:06	
12	Thu	9:34	4.8	9:54	5.0	3:07	-0.8	3:30	-0.6	7:18	7:07	
13	Fri	10:20	4.6	10:42	5.1	3:57	-0.8	4:13	-0.6	7:16	7:08	
14	Sat	11:06	4.3	11:32	5.1	4:49	-0.6	4:59	-0.5	7:15	7:09	
15	Sun	11:55	3.9			5:44	-0.4	5:49	-0.4	7:13	7:10	
16	Mon	12:25	4.9	12:47	3.5	6:43	-0.1	6:43	-0.2	7:12	7:11	
17	Tue	1:23	4.6	1:45	3.1	7:47	0.1	7:43	0.0	7:10	7:12	
18	Wed	2:29	4.4	2:53	2.9	8:56	0.3	8:49	0.1	7:09	7:12	
19	Thu	3:43	4.2	4:07	2.9	10:08	0.4	9:58	0.1	7:07	7:13	
20	Fri	4:57	4.1	5:18	3.0	11:17	0.4	11:06	0.1	7:06	7:14	
21	Sat	6:00	4.2	6:16	3.3			12:15	0.3	7:04	7:15	
22	Sun	6:51	4.2	7:03	3.5	12:08	0.0	1:01	0.2	7:03	7:16	
23	Mon	7:34	4.2	7:45	3.8	1:00	-0.2	1:38	0.1	7:01	7:17	
24	Tue	8:12	4.2	8:24	4.0	1:46	-0.2	2:12	0.0	7:00	7:18	
25	Wed	8:49	4.1	9:01	4.2	2:26	-0.3	2:44	0.0	6:58	7:19	
26	Thu	9:25	4.0	9:39	4.4	3:05	-0.2	3:15	0.0	6:57	7:20	
27	Fri	10:01	3.9	10:16	4.4	3:43	-0.2	3:48	0.1	6:55	7:21	
28	Sat	10:38	3.7	10:54	4.4	4:21	0.0	4:21	0.2	6:54	7:22	
29	Sun	11:16	3.5	11:34	4.3	5:01	0.2	4:57	0.3	6:52	7:22	
30	Mon	11:54	3.3			5:44	0.4	5:37	0.5	6:51	7:23	
31	Tue	12:16	4.1	12:36	3.1	6:30	0.6	6:21	0.6	6:49	7:24	