
































## Sand Shoal Inlet, VA - Nov 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:16	4.8	7:32	3.9	1:47	0.2	1:28	0.2	6:27	5:05	
2	Mon	7:54	4.9	8:11	3.8	1:20	0.2	2:06	0.3	6:28	5:04	
3	Tue	8:32	4.9	8:50	3.7	1:55	0.3	2:44	0.4	6:29	5:03	
4	Wed	9:12	4.8	9:29	3.5	2:31	0.4	3:23	0.5	6:30	5:02	
5	Thu	9:53	4.7	10:10	3.4	3:08	0.5	4:05	0.7	6:31	5:01	
6	Fri	10:36	4.6	10:53	3.3	3:48	0.6	4:51	0.8	6:32	5:00	
7	Sat	11:22	4.4	11:39	3.2	4:33	0.8	5:40	1.0	6:33	4:59	
8	Sun			12:11	4.3	5:24	0.9	6:32	1.0	6:35	4:58	
9	Mon	12:33	3.1	1:05	4.2	6:21	0.9	7:25	1.0	6:36	4:57	
10	Tue	1:32	3.3	2:02	4.2	7:21	0.9	8:16	0.8	6:37	4:56	
11	Wed	2:34	3.5	2:59	4.3	8:22	0.8	9:05	0.6	6:38	4:56	
12	Thu	3:31	3.9	3:53	4.3	9:23	0.6	9:54	0.3	6:39	4:55	
13	Fri	4:24	4.5	4:44	4.4	10:23	0.3	10:42	0.1	6:40	4:54	
14	Sat	5:14	5.0	5:34	4.4	11:21	0.0	11:29	-0.2	6:41	4:53	
15	Sun	6:04	5.5	6:24	4.4			12:15	-0.2	6:42	4:53	
16	Mon	6:54	5.8	7:14	4.3	12:17	-0.4	1:09	-0.4	6:43	4:52	
17	Tue	7:45	6.0	8:06	4.2	1:05	-0.6	2:01	-0.4	6:44	4:51	
18	Wed	8:37	6.0	8:58	4.0	1:54	-0.6	2:54	-0.4	6:45	4:51	
19	Thu	9:31	5.8	9:51	3.8	2:45	-0.5	3:49	-0.2	6:46	4:50	
20	Fri	10:26	5.5	10:47	3.6	3:39	-0.4	4:47	0.0	6:47	4:49	
21	Sat	11:22	5.1	11:46	3.5	4:37	-0.2	5:47	0.1	6:48	4:49	
22	Sun			12:21	4.7	5:39	0.1	6:48	0.3	6:49	4:48	
23	Mon	12:50	3.4	1:24	4.3	6:45	0.3	7:48	0.3	6:50	4:48	
24	Tue	2:00	3.4	2:27	4.0	7:53	0.4	8:42	0.3	6:51	4:47	
25	Wed	3:08	3.6	3:27	3.8	9:00	0.5	9:32	0.3	6:52	4:47	
26	Thu	4:06	3.8	4:19	3.6	10:04	0.5	10:17	0.3	6:53	4:47	
27	Fri	4:53	4.1	5:04	3.5	11:00	0.4	10:57	0.2	6:54	4:46	
28	Sat	5:34	4.3	5:45	3.4	11:49	0.4	11:36	0.2	6:55	4:46	
29	Sun	6:12	4.5	6:25	3.4			12:30	0.3	6:56	4:46	
30	Mon	6:51	4.6	7:04	3.4	12:13	0.2	1:09	0.3	6:57	4:46	