



Sand Shoal Inlet, VA - Mar 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:57	4.5	9:14	4.5	2:28	-0.4	2:51	-0.3	6:32	5:57	☀
2	Wed	9:37	4.3	9:57	4.6	3:13	-0.4	3:30	-0.3	6:31	5:58	☀
3	Thu	10:19	4.0	10:43	4.7	4:01	-0.3	4:12	-0.2	6:30	5:59	☀
4	Fri	11:04	3.7	11:34	4.6	4:53	-0.1	4:59	-0.1	6:28	6:00	☀
5	Sat	11:54	3.4			5:51	0.1	5:52	0.0	6:27	6:01	☀
6	Sun	12:31	4.5	12:52	3.1	6:53	0.2	6:51	0.0	6:25	6:02	☀
7	Mon	1:37	4.3	1:59	2.9	8:01	0.3	7:56	0.0	6:24	6:03	☀
8	Tue	2:49	4.3	3:11	3.0	9:11	0.3	9:05	0.0	6:22	6:04	☀
9	Wed	4:01	4.4	4:21	3.1	10:19	0.2	10:13	-0.2	6:21	6:05	☀
10	Thu	5:04	4.5	5:21	3.4	11:19	0.1	11:17	-0.4	6:19	6:06	☀
11	Fri	5:59	4.6	6:15	3.8			12:10	-0.1	6:18	6:07	☀
12	Sat	6:48	4.6	7:03	4.1	12:13	-0.5	12:54	-0.3	6:17	6:08	☀
13	Sun	8:33	4.5	8:48	4.3	1:04	-0.6	2:33	-0.4	7:15	7:09	☀
14	Mon	9:15	4.4	9:31	4.5	2:50	-0.6	3:11	-0.4	7:14	7:09	☀
15	Tue	9:55	4.2	10:13	4.5	3:35	-0.6	3:48	-0.3	7:12	7:10	☀
16	Wed	10:35	3.9	10:54	4.5	4:18	-0.4	4:25	-0.2	7:11	7:11	☀
17	Thu	11:14	3.6	11:35	4.3	5:02	-0.1	5:03	0.0	7:09	7:12	☀
18	Fri	11:55	3.3			5:47	0.1	5:43	0.2	7:08	7:13	☀
19	Sat	12:18	4.1	12:37	3.1	6:34	0.4	6:28	0.4	7:06	7:14	☀
20	Sun	1:06	3.9	1:24	2.9	7:25	0.7	7:17	0.6	7:05	7:15	☀
21	Mon	2:00	3.7	2:18	2.7	8:20	0.8	8:12	0.7	7:03	7:16	☀
22	Tue	3:02	3.6	3:20	2.7	9:18	0.9	9:11	0.7	7:02	7:17	☀
23	Wed	4:06	3.7	4:23	2.9	10:17	0.9	10:11	0.6	7:00	7:18	☀
24	Thu	5:05	3.8	5:19	3.1	11:11	0.8	11:08	0.4	6:59	7:19	☀
25	Fri	5:55	4.0	6:09	3.5	11:59	0.6			6:57	7:19	☀
26	Sat	6:40	4.2	6:54	3.9	12:01	0.2	12:41	0.4	6:56	7:20	☀
27	Sun	7:22	4.4	7:38	4.3	12:51	0.0	1:20	0.1	6:54	7:21	☀
28	Mon	8:04	4.5	8:21	4.7	1:38	-0.2	1:59	-0.1	6:53	7:22	☀
29	Tue	8:47	4.5	9:05	5.0	2:24	-0.4	2:38	-0.2	6:51	7:23	☀
30	Wed	9:30	4.4	9:49	5.2	3:10	-0.5	3:19	-0.3	6:50	7:24	☀
31	Thu	10:14	4.2	10:36	5.3	3:57	-0.4	4:01	-0.3	6:48	7:25	☀