

































## Sand Shoal Inlet, VA - May 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:36	3.7			5:31	-0.1	5:23	-0.2	6:07	7:53	
2	Mon	12:07	5.2	12:32	3.5	6:30	0.0	6:24	0.0	6:05	7:54	
3	Tue	1:06	4.9	1:34	3.4	7:32	0.2	7:29	0.1	6:04	7:55	
4	Wed	2:10	4.6	2:43	3.4	8:34	0.3	8:37	0.2	6:03	7:55	
5	Thu	3:17	4.3	3:54	3.6	9:34	0.3	9:46	0.3	6:02	7:56	
6	Fri	4:22	4.1	4:58	3.8	10:30	0.2	10:53	0.2	6:01	7:57	
7	Sat	5:20	3.9	5:51	4.1	11:20	0.2	11:55	0.2	6:00	7:58	
8	Sun	6:10	3.8	6:37	4.4			12:05	0.1	5:59	7:59	
9	Mon	6:55	3.7	7:18	4.6	12:48	0.1	12:46	0.1	5:58	8:00	
10	Tue	7:36	3.6	7:58	4.7	1:35	0.0	1:25	0.0	5:57	8:01	
11	Wed	8:17	3.6	8:37	4.8	2:17	0.0	2:02	0.1	5:56	8:02	
12	Thu	8:57	3.5	9:17	4.8	2:56	0.0	2:40	0.1	5:56	8:02	
13	Fri	9:37	3.4	9:58	4.7	3:34	0.1	3:17	0.2	5:55	8:03	
14	Sat	10:18	3.4	10:40	4.6	4:13	0.3	3:56	0.3	5:54	8:04	
15	Sun	10:59	3.3	11:22	4.5	4:54	0.4	4:38	0.4	5:53	8:05	
16	Mon	11:41	3.2			5:37	0.6	5:22	0.6	5:52	8:06	
17	Tue	12:06	4.3	12:26	3.1	6:23	0.7	6:10	0.7	5:51	8:07	
18	Wed	12:52	4.2	1:15	3.2	7:10	0.8	7:02	0.8	5:51	8:08	
19	Thu	1:41	4.0	2:08	3.2	7:57	0.8	7:59	0.8	5:50	8:08	
20	Fri	2:33	3.9	3:05	3.5	8:45	0.7	8:57	0.8	5:49	8:09	
21	Sat	3:27	3.9	4:02	3.8	9:32	0.6	9:56	0.6	5:49	8:10	
22	Sun	4:22	3.9	4:55	4.3	10:19	0.4	10:56	0.4	5:48	8:11	
23	Mon	5:15	3.9	5:46	4.7	11:08	0.2	11:54	0.2	5:47	8:12	
24	Tue	6:06	3.9	6:36	5.2	11:57	0.0			5:47	8:12	
25	Wed	6:57	4.0	7:26	5.5	12:50	0.0	12:47	-0.2	5:46	8:13	
26	Thu	7:49	4.0	8:18	5.8	1:44	-0.2	1:37	-0.4	5:46	8:14	
27	Fri	8:41	4.0	9:11	5.9	2:37	-0.4	2:27	-0.5	5:45	8:15	
28	Sat	9:34	3.9	10:05	5.8	3:29	-0.4	3:19	-0.5	5:45	8:15	
29	Sun	10:28	3.8	10:59	5.6	4:23	-0.3	4:13	-0.4	5:44	8:16	
30	Mon	11:23	3.8	11:54	5.3	5:18	-0.2	5:11	-0.3	5:44	8:17	
31	Tue			12:20	3.7	6:15	-0.1	6:12	-0.1	5:44	8:17	