

































Sand Shoal Inlet, VA - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:19	4.3	1:55	4.0	7:33	0.0	7:59	0.3	5:46	8:27	
2	Sat	2:12	3.8	2:55	4.0	8:22	0.1	9:03	0.5	5:47	8:27	
3	Sun	3:08	3.4	3:55	4.1	9:10	0.2	10:07	0.6	5:47	8:27	
4	Mon	4:06	3.2	4:50	4.2	9:58	0.3	11:11	0.6	5:48	8:27	
5	Tue	5:01	3.0	5:41	4.3	10:47	0.4			5:48	8:27	
6	Wed	5:52	3.0	6:27	4.4	12:08	0.6	11:36 AM	0.4	5:49	8:26	
7	Thu	6:38	3.1	7:11	4.5	12:56	0.6	12:23	0.4	5:50	8:26	
8	Fri	7:22	3.2	7:53	4.6	1:38	0.5	1:08	0.3	5:50	8:26	
9	Sat	8:05	3.3	8:35	4.7	2:15	0.5	1:50	0.2	5:51	8:25	
10	Sun	8:47	3.4	9:16	4.8	2:51	0.4	2:31	0.2	5:51	8:25	
11	Mon	9:29	3.5	9:56	4.8	3:27	0.4	3:11	0.2	5:52	8:25	
12	Tue	10:10	3.6	10:34	4.7	4:03	0.4	3:51	0.3	5:53	8:24	
13	Wed	10:51	3.7	11:12	4.6	4:40	0.4	4:33	0.3	5:53	8:24	
14	Thu	11:32	3.8	11:50	4.4	5:17	0.4	5:18	0.4	5:54	8:23	
15	Fri			12:15	3.9	5:56	0.4	6:07	0.5	5:55	8:23	
16	Sat	12:30	4.2	1:00	4.1	6:37	0.4	7:00	0.6	5:55	8:22	
17	Sun	1:14	4.0	1:51	4.2	7:21	0.4	7:58	0.7	5:56	8:22	
18	Mon	2:05	3.7	2:48	4.4	8:09	0.3	9:00	0.6	5:57	8:21	
19	Tue	3:03	3.5	3:49	4.7	9:02	0.3	10:04	0.6	5:58	8:20	
20	Wed	4:06	3.4	4:52	5.0	9:59	0.1	11:10	0.4	5:58	8:20	
21	Thu	5:10	3.5	5:53	5.3	11:00	0.0			5:59	8:19	
22	Fri	6:10	3.6	6:51	5.5	12:14	0.2	12:01	-0.2	6:00	8:18	
23	Sat	7:09	3.7	7:48	5.7	1:12	0.0	1:01	-0.4	6:01	8:18	
24	Sun	8:05	4.0	8:42	5.7	2:07	-0.2	1:58	-0.6	6:02	8:17	
25	Mon	9:01	4.1	9:34	5.6	2:57	-0.3	2:52	-0.6	6:02	8:16	
26	Tue	9:54	4.3	10:24	5.4	3:45	-0.4	3:46	-0.6	6:03	8:15	
27	Wed	10:46	4.4	11:12	5.0	4:32	-0.3	4:40	-0.4	6:04	8:14	
28	Thu	11:37	4.4	11:58	4.6	5:19	-0.2	5:35	-0.1	6:05	8:14	
29	Fri			12:27	4.4	6:05	-0.1	6:32	0.2	6:06	8:13	
30	Sat	12:45	4.1	1:19	4.3	6:51	0.1	7:31	0.4	6:06	8:12	
31	Sun	1:34	3.6	2:14	4.2	7:38	0.3	8:31	0.7	6:07	8:11	