

































Sand Shoal Inlet, VA - Aug 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:27	3.3	3:12	4.1	8:27	0.5	9:34	0.8	6:08	8:10	
2	Tue	3:25	3.0	4:12	4.1	9:18	0.6	10:38	0.9	6:09	8:09	
3	Wed	4:24	2.9	5:10	4.2	10:11	0.6	11:39	0.9	6:10	8:08	
4	Thu	5:21	3.0	6:02	4.3	11:05	0.6			6:11	8:07	
5	Fri	6:11	3.1	6:48	4.5	12:30	0.8	11:56 AM	0.5	6:11	8:06	
6	Sat	6:56	3.3	7:31	4.6	1:11	0.8	12:44	0.4	6:12	8:05	
7	Sun	7:40	3.5	8:11	4.8	1:47	0.6	1:28	0.3	6:13	8:04	
8	Mon	8:22	3.7	8:50	4.9	2:22	0.5	2:09	0.2	6:14	8:03	
9	Tue	9:03	3.9	9:28	4.9	2:56	0.4	2:49	0.2	6:15	8:01	
10	Wed	9:43	4.1	10:05	4.8	3:30	0.4	3:30	0.2	6:16	8:00	
11	Thu	10:23	4.2	10:42	4.7	4:05	0.3	4:12	0.3	6:16	7:59	
12	Fri	11:03	4.4	11:20	4.5	4:40	0.3	4:56	0.4	6:17	7:58	
13	Sat	11:45	4.5			5:18	0.3	5:45	0.5	6:18	7:57	
14	Sun	12:01	4.2	12:30	4.6	6:00	0.4	6:39	0.6	6:19	7:55	
15	Mon	12:45	3.9	1:22	4.7	6:46	0.4	7:38	0.7	6:20	7:54	
16	Tue	1:37	3.6	2:21	4.7	7:38	0.4	8:41	0.7	6:21	7:53	
17	Wed	2:38	3.4	3:28	4.8	8:37	0.4	9:48	0.7	6:21	7:52	
18	Thu	3:46	3.4	4:36	5.0	9:40	0.3	10:56	0.6	6:22	7:50	
19	Fri	4:54	3.5	5:40	5.2	10:46	0.1			6:23	7:49	
20	Sat	5:58	3.7	6:39	5.4	12:00	0.4	11:50 AM	-0.1	6:24	7:48	
21	Sun	6:56	4.0	7:34	5.5	12:57	0.2	12:51	-0.3	6:25	7:46	
22	Mon	7:51	4.3	8:25	5.5	1:48	-0.1	1:47	-0.5	6:26	7:45	
23	Tue	8:43	4.6	9:13	5.4	2:34	-0.2	2:40	-0.5	6:26	7:44	
24	Wed	9:33	4.8	9:59	5.1	3:17	-0.3	3:30	-0.4	6:27	7:42	
25	Thu	10:21	4.9	10:43	4.7	3:59	-0.2	4:21	-0.2	6:28	7:41	
26	Fri	11:07	4.9	11:27	4.3	4:41	-0.1	5:11	0.0	6:29	7:39	
27	Sat	11:53	4.7			5:24	0.1	6:03	0.3	6:30	7:38	
28	Sun	12:11	3.9	12:40	4.6	6:07	0.3	6:57	0.6	6:31	7:37	
29	Mon	12:56	3.5	1:31	4.4	6:54	0.5	7:55	0.9	6:31	7:35	
30	Tue	1:47	3.2	2:28	4.2	7:44	0.7	8:55	1.1	6:32	7:34	
31	Wed	2:44	3.0	3:32	4.1	8:38	0.9	9:58	1.1	6:33	7:32	