



## Sand Shoal Inlet, VA - Aug 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:58	4.0	11:15	4.3	4:39	0.4	4:46	0.4	6:08	8:10	☉
2	Wed	11:37	4.1	11:52	4.1	5:14	0.5	5:29	0.6	6:09	8:09	☾
3	Thu			12:18	4.1	5:50	0.5	6:16	0.7	6:09	8:08	☾
4	Fri	12:31	3.9	1:02	4.2	6:30	0.6	7:08	0.8	6:10	8:07	☾
5	Sat	1:14	3.6	1:52	4.3	7:14	0.6	8:04	0.9	6:11	8:06	☾
6	Sun	2:05	3.4	2:50	4.4	8:04	0.6	9:05	0.9	6:12	8:05	☾
7	Mon	3:05	3.3	3:53	4.6	9:00	0.5	10:09	0.8	6:13	8:04	☾
8	Tue	4:09	3.3	4:56	4.9	10:00	0.4	11:13	0.7	6:14	8:03	☾
9	Wed	5:13	3.5	5:56	5.2	11:03	0.2			6:15	8:02	☾
10	Thu	6:13	3.7	6:53	5.5	12:14	0.4	12:05	-0.1	6:15	8:01	☾
11	Fri	7:10	4.0	7:46	5.7	1:09	0.1	1:03	-0.4	6:16	7:59	☾
12	Sat	8:04	4.4	8:38	5.7	1:59	-0.1	1:59	-0.6	6:17	7:58	☾
13	Sun	8:58	4.7	9:28	5.6	2:47	-0.3	2:54	-0.7	6:18	7:57	☾
14	Mon	9:50	4.9	10:17	5.4	3:33	-0.5	3:47	-0.6	6:19	7:56	☾
15	Tue	10:42	5.1	11:05	5.0	4:19	-0.5	4:42	-0.4	6:20	7:54	☾
16	Wed	11:33	5.1	11:53	4.5	5:06	-0.4	5:38	-0.2	6:20	7:53	☾
17	Thu			12:25	4.9	5:53	-0.2	6:37	0.1	6:21	7:52	☾
18	Fri	12:43	4.0	1:19	4.7	6:43	0.0	7:38	0.4	6:22	7:51	☾
19	Sat	1:35	3.5	2:19	4.5	7:36	0.3	8:43	0.7	6:23	7:49	☾
20	Sun	2:34	3.2	3:24	4.4	8:32	0.5	9:52	0.8	6:24	7:48	☾
21	Mon	3:39	3.0	4:32	4.3	9:31	0.6	11:01	0.9	6:25	7:47	☾
22	Tue	4:45	3.0	5:32	4.3	10:31	0.6			6:25	7:45	☾
23	Wed	5:42	3.1	6:22	4.4	12:01	0.9	11:28 AM	0.6	6:26	7:44	☉
24	Thu	6:29	3.3	7:04	4.6	12:47	0.8	12:19	0.5	6:27	7:43	☉
25	Fri	7:12	3.6	7:43	4.7	1:22	0.7	1:03	0.4	6:28	7:41	☉
26	Sat	7:52	3.8	8:20	4.7	1:54	0.6	1:44	0.3	6:29	7:40	☉
27	Sun	8:31	4.1	8:56	4.7	2:25	0.5	2:23	0.2	6:30	7:38	☉
28	Mon	9:10	4.3	9:32	4.7	2:55	0.4	3:02	0.3	6:30	7:37	☉
29	Tue	9:48	4.4	10:07	4.5	3:27	0.4	3:41	0.3	6:31	7:36	☉
30	Wed	10:26	4.5	10:43	4.3	4:00	0.4	4:21	0.4	6:32	7:34	☉
31	Thu	11:04	4.6	11:20	4.1	4:34	0.5	5:03	0.6	6:33	7:33	☉