

































## Sand Shoal Inlet, VA - Oct 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:05	5.0	5:22	0.6	6:23	0.8	6:59	6:46	
2	Mon	12:22	3.6	12:59	4.9	6:14	0.6	7:23	0.9	6:59	6:44	
3	Tue	1:18	3.5	2:01	4.8	7:14	0.7	8:26	0.9	7:00	6:43	
4	Wed	2:24	3.4	3:09	4.8	8:20	0.6	9:30	0.8	7:01	6:41	
5	Thu	3:35	3.6	4:16	4.9	9:28	0.5	10:30	0.6	7:02	6:40	
6	Fri	4:43	3.9	5:17	5.0	10:35	0.3	11:26	0.3	7:03	6:38	
7	Sat	5:43	4.4	6:12	5.1	11:40	0.1			7:04	6:37	
8	Sun	6:37	4.8	7:03	5.0	12:17	0.1	12:39	-0.2	7:05	6:35	
9	Mon	7:28	5.3	7:52	4.9	1:05	-0.2	1:34	-0.3	7:06	6:34	
10	Tue	8:17	5.6	8:40	4.8	1:50	-0.3	2:26	-0.4	7:07	6:32	
11	Wed	9:05	5.7	9:26	4.5	2:33	-0.4	3:16	-0.3	7:07	6:31	
12	Thu	9:52	5.6	10:13	4.2	3:17	-0.3	4:06	-0.1	7:08	6:30	
13	Fri	10:40	5.5	10:59	3.9	4:01	-0.1	4:56	0.1	7:09	6:28	
14	Sat	11:28	5.2	11:46	3.6	4:47	0.1	5:48	0.4	7:10	6:27	
15	Sun			12:18	4.8	5:36	0.4	6:43	0.7	7:11	6:25	
16	Mon	12:36	3.4	1:12	4.5	6:29	0.6	7:42	0.9	7:12	6:24	
17	Tue	1:31	3.2	2:10	4.2	7:26	0.8	8:41	1.0	7:13	6:23	
18	Wed	2:32	3.1	3:13	4.1	8:26	0.9	9:38	1.1	7:14	6:21	
19	Thu	3:38	3.2	4:13	4.1	9:27	0.9	10:28	1.0	7:15	6:20	
20	Fri	4:38	3.4	5:05	4.1	10:25	0.9	11:11	0.9	7:16	6:19	
21	Sat	5:27	3.8	5:49	4.1	11:18	0.8	11:49	0.8	7:17	6:17	
22	Sun	6:10	4.1	6:29	4.2			12:07	0.7	7:18	6:16	
23	Mon	6:50	4.5	7:08	4.2	12:25	0.6	12:51	0.5	7:19	6:15	
24	Tue	7:29	4.8	7:47	4.2	1:01	0.4	1:34	0.4	7:20	6:14	
25	Wed	8:08	5.0	8:27	4.2	1:37	0.3	2:15	0.3	7:21	6:12	
26	Thu	8:49	5.2	9:07	4.1	2:13	0.2	2:56	0.3	7:22	6:11	
27	Fri	9:30	5.3	9:48	4.0	2:51	0.2	3:39	0.3	7:23	6:10	
28	Sat	10:13	5.3	10:31	3.9	3:31	0.2	4:25	0.4	7:24	6:09	
29	Sun	11:00	5.3	11:18	3.7	4:15	0.3	5:15	0.5	7:25	6:08	
30	Mon	11:50	5.2			5:03	0.3	6:10	0.6	7:26	6:07	
31	Tue	12:09	3.6	12:44	5.0	5:59	0.4	7:08	0.6	7:27	6:06	