
































## Sand Shoal Inlet, VA - Nov 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:07	3.5	1:44	4.8	7:02	0.5	8:08	0.6	7:28	6:05	
2	Thu	2:12	3.5	2:48	4.7	8:08	0.5	9:08	0.5	7:29	6:03	
3	Fri	3:22	3.8	3:53	4.6	9:16	0.4	10:04	0.3	7:30	6:02	
4	Sat	4:28	4.1	4:53	4.5	10:24	0.3	10:58	0.1	7:31	6:01	
5	Sun	4:27	4.5	4:49	4.4	10:29	0.1	10:48	-0.1	6:32	5:00	
6	Mon	5:20	5.0	5:40	4.3	11:28	-0.1	11:36	-0.2	6:33	5:00	
7	Tue	6:10	5.3	6:29	4.2			12:23	-0.2	6:34	4:59	
8	Wed	6:57	5.5	7:16	4.1	12:22	-0.3	1:14	-0.2	6:35	4:58	
9	Thu	7:44	5.5	8:02	3.9	1:06	-0.3	2:01	-0.2	6:36	4:57	
10	Fri	8:31	5.4	8:48	3.7	1:50	-0.3	2:48	-0.1	6:37	4:56	
11	Sat	9:17	5.2	9:34	3.6	2:34	-0.1	3:34	0.1	6:38	4:55	
12	Sun	10:03	5.0	10:20	3.4	3:19	0.0	4:22	0.4	6:39	4:54	
13	Mon	10:50	4.7	11:07	3.2	4:06	0.3	5:12	0.6	6:40	4:54	
14	Tue	11:39	4.4	11:58	3.1	4:56	0.5	6:03	0.7	6:41	4:53	
15	Wed			12:30	4.1	5:50	0.7	6:54	0.8	6:42	4:52	
16	Thu	12:53	3.1	1:23	3.9	6:46	0.8	7:42	0.8	6:43	4:51	
17	Fri	1:52	3.2	2:18	3.8	7:44	0.9	8:28	0.8	6:44	4:51	
18	Sat	2:51	3.4	3:11	3.7	8:41	0.9	9:11	0.7	6:46	4:50	
19	Sun	3:43	3.7	4:00	3.7	9:37	0.8	9:54	0.6	6:47	4:50	
20	Mon	4:30	4.1	4:45	3.7	10:30	0.7	10:36	0.4	6:48	4:49	
21	Tue	5:14	4.4	5:29	3.7	11:20	0.5	11:18	0.3	6:49	4:49	
22	Wed	5:57	4.8	6:13	3.8			12:06	0.3	6:50	4:48	
23	Thu	6:40	5.0	6:56	3.8	12:00	0.1	12:52	0.2	6:51	4:48	
24	Fri	7:24	5.2	7:41	3.8	12:43	0.0	1:37	0.1	6:52	4:47	
25	Sat	8:10	5.4	8:27	3.8	1:26	-0.1	2:23	0.1	6:53	4:47	
26	Sun	8:57	5.4	9:14	3.7	2:11	-0.2	3:11	0.1	6:54	4:46	
27	Mon	9:46	5.3	10:04	3.7	2:59	-0.2	4:01	0.1	6:55	4:46	
28	Tue	10:37	5.2	10:58	3.6	3:51	-0.1	4:55	0.1	6:56	4:46	
29	Wed	11:30	4.9	11:56	3.6	4:48	0.0	5:50	0.2	6:57	4:46	
30	Thu			12:25	4.6	5:51	0.1	6:45	0.1	6:57	4:45	