


























## Sand Shoal Inlet, VA - Dec 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:58	3.7	1:25	4.3	6:56	0.2	7:40	0.1	6:58	4:45	
2	Sat	2:04	3.9	2:27	4.0	8:04	0.2	8:34	0.0	6:59	4:45	
3	Sun	3:09	4.2	3:28	3.8	9:11	0.2	9:27	-0.1	7:00	4:45	
4	Mon	4:09	4.5	4:25	3.6	10:17	0.1	10:19	-0.2	7:01	4:45	
5	Tue	5:03	4.8	5:18	3.5	11:19	0.0	11:10	-0.3	7:02	4:45	
6	Wed	5:53	4.9	6:08	3.5			12:13	-0.1	7:03	4:45	
7	Thu	6:41	5.0	6:55	3.4			1:03	-0.1	7:04	4:45	
8	Fri	7:27	5.0	7:41	3.4	12:45	-0.4	1:48	-0.1	7:05	4:45	
9	Sat	8:13	5.0	8:26	3.3	1:29	-0.3	2:31	0.0	7:05	4:45	
10	Sun	8:57	4.8	9:10	3.3	2:13	-0.3	3:13	0.1	7:06	4:45	
11	Mon	9:41	4.7	9:54	3.2	2:56	-0.1	3:56	0.2	7:07	4:45	
12	Tue	10:23	4.5	10:39	3.2	3:40	0.0	4:38	0.3	7:08	4:45	
13	Wed	11:06	4.2	11:25	3.2	4:25	0.2	5:21	0.4	7:08	4:46	
14	Thu	11:49	4.0			5:14	0.4	6:04	0.5	7:09	4:46	
15	Fri	12:13	3.2	12:35	3.7	6:06	0.6	6:47	0.5	7:10	4:46	
16	Sat	1:05	3.2	1:23	3.5	7:00	0.7	7:30	0.5	7:10	4:47	
17	Sun	2:00	3.4	2:15	3.3	7:56	0.7	8:15	0.5	7:11	4:47	
18	Mon	2:54	3.6	3:08	3.2	8:53	0.7	9:01	0.4	7:12	4:47	
19	Tue	3:47	3.9	4:00	3.2	9:50	0.6	9:49	0.3	7:12	4:48	
20	Wed	4:37	4.3	4:51	3.3	10:46	0.5	10:38	0.1	7:13	4:48	
21	Thu	5:26	4.6	5:40	3.3	11:39	0.3	11:28	-0.1	7:13	4:49	
22	Fri	6:14	4.9	6:29	3.4			12:29	0.1	7:14	4:49	
23	Sat	7:03	5.2	7:18	3.5	12:18	-0.3	1:18	-0.1	7:14	4:50	
24	Sun	7:53	5.3	8:08	3.6	1:07	-0.5	2:06	-0.2	7:14	4:50	
25	Mon	8:42	5.4	8:59	3.7	1:56	-0.6	2:54	-0.3	7:15	4:51	
26	Tue	9:32	5.3	9:51	3.8	2:47	-0.6	3:43	-0.3	7:15	4:52	
27	Wed	10:21	5.1	10:44	3.9	3:41	-0.6	4:34	-0.3	7:16	4:52	
28	Thu	11:12	4.8	11:39	3.9	4:38	-0.4	5:25	-0.3	7:16	4:53	
29	Fri			12:04	4.3	5:38	-0.2	6:17	-0.3	7:16	4:54	
30	Sat	12:38	3.9	12:59	3.9	6:42	-0.1	7:09	-0.2	7:16	4:54	
31	Sun	1:41	4.0	1:59	3.5	7:48	0.1	8:00	-0.2	7:16	4:55	