

































Sand Shoal Inlet, VA - Mar 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:26	4.7	5:45	3.9	11:36	-0.3	11:45	-0.7	6:33	5:57	
2	Tue	6:21	4.8	6:39	4.3			12:27	-0.5	6:31	5:58	
3	Wed	7:11	4.8	7:30	4.5	12:41	-0.9	1:14	-0.7	6:30	5:59	
4	Thu	7:59	4.7	8:19	4.7	1:33	-1.0	1:59	-0.8	6:28	6:00	
5	Fri	8:45	4.5	9:06	4.7	2:22	-0.9	2:42	-0.7	6:27	6:01	
6	Sat	9:30	4.3	9:52	4.6	3:10	-0.8	3:25	-0.6	6:26	6:02	
7	Sun	10:13	3.9	10:37	4.4	3:58	-0.5	4:08	-0.4	6:24	6:03	
8	Mon	10:57	3.6	11:24	4.2	4:47	-0.2	4:53	-0.1	6:23	6:04	
9	Tue	11:42	3.3			5:38	0.1	5:41	0.1	6:21	6:05	
10	Wed	12:13	3.9	12:31	3.0	6:31	0.4	6:32	0.3	6:20	6:06	
11	Thu	1:08	3.7	1:26	2.9	7:27	0.6	7:26	0.4	6:18	6:06	
12	Fri	2:09	3.6	2:26	2.8	8:25	0.7	8:23	0.5	6:17	6:07	
13	Sat	3:12	3.6	3:27	2.9	9:22	0.8	9:21	0.5	6:15	6:08	
14	Sun	5:09	3.7	5:22	3.1	11:16	0.7	11:16	0.4	7:14	7:09	
15	Mon	5:59	3.9	6:11	3.4			12:02	0.6	7:12	7:10	
16	Tue	6:43	4.0	6:55	3.8	12:07	0.2	12:43	0.4	7:11	7:11	
17	Wed	7:24	4.2	7:38	4.1	12:53	0.0	1:21	0.2	7:09	7:12	
18	Thu	8:04	4.3	8:19	4.4	1:36	-0.1	1:58	0.0	7:08	7:13	
19	Fri	8:44	4.3	9:00	4.6	2:19	-0.2	2:36	-0.1	7:06	7:14	
20	Sat	9:24	4.3	9:42	4.8	3:01	-0.3	3:14	-0.2	7:05	7:15	
21	Sun	10:05	4.2	10:24	4.9	3:44	-0.3	3:53	-0.2	7:03	7:16	
22	Mon	10:47	4.1	11:09	4.9	4:29	-0.2	4:36	-0.2	7:02	7:17	
23	Tue	11:31	3.9	11:57	4.8	5:18	-0.1	5:23	-0.1	7:00	7:17	
24	Wed			12:19	3.7	6:11	0.0	6:15	0.0	6:59	7:18	
25	Thu	12:51	4.7	1:14	3.5	7:09	0.2	7:13	0.0	6:57	7:19	
26	Fri	1:50	4.5	2:16	3.4	8:11	0.3	8:16	0.1	6:56	7:20	
27	Sat	2:57	4.4	3:24	3.4	9:14	0.3	9:23	0.0	6:54	7:21	
28	Sun	4:05	4.4	4:32	3.6	10:17	0.2	10:30	-0.1	6:53	7:22	
29	Mon	5:10	4.4	5:35	3.9	11:17	0.0	11:35	-0.3	6:51	7:23	
30	Tue	6:08	4.5	6:31	4.3			12:12	-0.2	6:50	7:24	
31	Wed	7:00	4.5	7:22	4.6	12:35	-0.4	1:02	-0.4	6:48	7:25	