
































## Sand Shoal Inlet, VA - Jan 2050

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:04	4.0	2:20	3.4	8:11	0.1	8:25	-0.3	7:17	4:56	
2	Sun	3:09	4.0	3:23	3.2	9:18	0.2	9:21	-0.2	7:17	4:57	
3	Mon	4:11	4.1	4:22	3.1	10:24	0.2	10:16	-0.2	7:17	4:58	
4	Tue	5:06	4.2	5:14	3.1	11:23	0.1	11:09	-0.3	7:17	4:58	
5	Wed	5:54	4.3	6:02	3.1			12:13	0.0	7:17	4:59	
6	Thu	6:38	4.4	6:46	3.2			12:56	0.0	7:17	5:00	
7	Fri	7:20	4.4	7:29	3.3	12:40	-0.4	1:34	-0.1	7:17	5:01	
8	Sat	8:00	4.4	8:11	3.4	1:21	-0.4	2:10	-0.1	7:17	5:02	
9	Sun	8:39	4.4	8:52	3.4	2:01	-0.3	2:46	-0.1	7:17	5:03	
10	Mon	9:18	4.3	9:33	3.5	2:41	-0.3	3:22	0.0	7:17	5:04	
11	Tue	9:56	4.2	10:14	3.5	3:21	-0.1	3:59	0.1	7:16	5:05	
12	Wed	10:35	4.0	10:55	3.5	4:02	0.0	4:37	0.1	7:16	5:06	
13	Thu	11:14	3.8	11:38	3.5	4:46	0.2	5:17	0.2	7:16	5:07	
14	Fri	11:55	3.6			5:34	0.4	5:59	0.3	7:16	5:08	
15	Sat	12:25	3.5	12:40	3.4	6:25	0.5	6:45	0.3	7:15	5:09	
16	Sun	1:17	3.6	1:32	3.2	7:20	0.5	7:34	0.2	7:15	5:10	
17	Mon	2:14	3.8	2:30	3.2	8:19	0.5	8:28	0.1	7:15	5:11	
18	Tue	3:14	4.0	3:29	3.2	9:20	0.4	9:24	-0.1	7:14	5:12	
19	Wed	4:12	4.4	4:28	3.4	10:21	0.2	10:22	-0.3	7:14	5:13	
20	Thu	5:08	4.7	5:24	3.6	11:20	0.0	11:19	-0.6	7:13	5:14	
21	Fri	6:02	5.1	6:19	3.8			12:14	-0.3	7:13	5:15	
22	Sat	6:55	5.3	7:12	4.1	12:15	-0.9	1:05	-0.6	7:12	5:16	
23	Sun	7:46	5.4	8:05	4.3	1:08	-1.1	1:55	-0.8	7:12	5:17	
24	Mon	8:37	5.4	8:58	4.4	2:01	-1.2	2:43	-0.9	7:11	5:18	
25	Tue	9:27	5.2	9:50	4.5	2:54	-1.1	3:32	-0.9	7:10	5:20	
26	Wed	10:16	4.8	10:43	4.4	3:48	-1.0	4:21	-0.8	7:10	5:21	
27	Thu	11:06	4.4	11:36	4.3	4:44	-0.7	5:12	-0.7	7:09	5:22	
28	Fri	11:57	3.9			5:43	-0.4	6:05	-0.5	7:08	5:23	
29	Sat	12:33	4.1	12:52	3.5	6:44	-0.2	6:59	-0.3	7:08	5:24	
30	Sun	1:35	3.9	1:51	3.1	7:48	0.1	7:56	-0.2	7:07	5:25	
31	Mon	2:41	3.8	2:55	2.9	8:55	0.2	8:54	-0.1	7:06	5:26	