

































Sand Shoal Inlet, VA - Jan 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:28	4.7	4:47	3.8	10:38	-0.1	10:44	-0.6	7:17	4:56	
2	Thu	5:25	5.1	5:43	3.9	11:38	-0.4	11:40	-0.8	7:17	4:57	
3	Fri	6:20	5.3	6:39	4.0			12:34	-0.6	7:17	4:58	
4	Sat	7:14	5.5	7:33	4.0	12:35	-1.0	1:28	-0.8	7:17	4:59	
5	Sun	8:07	5.5	8:27	4.1	1:28	-1.1	2:19	-0.8	7:17	5:00	
6	Mon	8:59	5.4	9:20	4.0	2:20	-1.1	3:09	-0.8	7:17	5:00	
7	Tue	9:49	5.1	10:12	4.0	3:13	-1.0	4:00	-0.7	7:17	5:01	
8	Wed	10:39	4.7	11:04	3.8	4:06	-0.7	4:50	-0.6	7:17	5:02	
9	Thu	11:28	4.3	11:57	3.7	5:01	-0.5	5:41	-0.4	7:17	5:03	
10	Fri			12:18	3.9	5:58	-0.2	6:32	-0.2	7:16	5:04	
11	Sat	12:52	3.6	1:10	3.5	6:57	0.1	7:23	-0.1	7:16	5:05	
12	Sun	1:51	3.5	2:06	3.2	7:57	0.3	8:13	0.0	7:16	5:06	
13	Mon	2:51	3.5	3:03	3.0	8:58	0.4	9:03	0.1	7:16	5:07	
14	Tue	3:48	3.6	3:57	2.9	9:57	0.4	9:53	0.1	7:16	5:08	
15	Wed	4:39	3.8	4:48	3.0	10:52	0.4	10:41	0.0	7:15	5:09	
16	Thu	5:25	3.9	5:34	3.1	11:40	0.3	11:27	0.0	7:15	5:10	
17	Fri	6:09	4.1	6:18	3.2			12:21	0.2	7:14	5:11	
18	Sat	6:50	4.3	7:01	3.4	12:10	-0.1	12:59	0.1	7:14	5:12	
19	Sun	7:31	4.5	7:43	3.5	12:51	-0.2	1:37	0.0	7:14	5:13	
20	Mon	8:11	4.5	8:24	3.6	1:31	-0.3	2:14	0.0	7:13	5:14	
21	Tue	8:50	4.6	9:05	3.7	2:11	-0.3	2:52	-0.1	7:13	5:16	
22	Wed	9:29	4.5	9:46	3.7	2:52	-0.3	3:31	-0.1	7:12	5:17	
23	Thu	10:09	4.4	10:29	3.8	3:35	-0.2	4:12	-0.1	7:11	5:18	
24	Fri	10:50	4.3	11:13	3.8	4:21	-0.1	4:55	-0.1	7:11	5:19	
25	Sat	11:34	4.1			5:11	0.0	5:41	-0.1	7:10	5:20	
26	Sun	12:03	3.9	12:22	3.8	6:06	0.1	6:31	-0.1	7:09	5:21	
27	Mon	12:58	4.0	1:18	3.6	7:06	0.1	7:25	-0.1	7:09	5:22	
28	Tue	2:00	4.1	2:20	3.5	8:09	0.1	8:23	-0.2	7:08	5:23	
29	Wed	3:05	4.3	3:25	3.4	9:15	0.1	9:24	-0.4	7:07	5:24	
30	Thu	4:08	4.5	4:27	3.5	10:20	-0.1	10:25	-0.6	7:07	5:25	
31	Fri	5:09	4.8	5:27	3.7	11:22	-0.3	11:25	-0.8	7:06	5:26	