

































Sand Shoal Inlet, VA - May 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:44	4.0	8:05	4.7	1:34	-0.2	1:39	-0.2	6:07	7:53	
2	Fri	8:26	3.9	8:46	4.8	2:17	-0.2	2:18	-0.2	6:06	7:53	
3	Sat	9:07	3.9	9:27	4.8	2:58	-0.2	2:56	-0.1	6:05	7:54	
4	Sun	9:48	3.8	10:08	4.7	3:38	-0.1	3:35	0.0	6:04	7:55	
5	Mon	10:29	3.7	10:49	4.6	4:18	0.0	4:14	0.2	6:02	7:56	
6	Tue	11:11	3.6	11:31	4.5	4:59	0.2	4:55	0.3	6:01	7:57	
7	Wed	11:54	3.5			5:42	0.4	5:39	0.5	6:00	7:58	
8	Thu	12:14	4.3	12:39	3.4	6:28	0.5	6:26	0.6	5:59	7:59	
9	Fri	1:01	4.1	1:27	3.3	7:15	0.6	7:18	0.7	5:58	8:00	
10	Sat	1:50	4.0	2:21	3.4	8:04	0.7	8:12	0.8	5:58	8:01	
11	Sun	2:44	3.9	3:17	3.5	8:54	0.7	9:09	0.8	5:57	8:01	
12	Mon	3:40	3.9	4:13	3.8	9:44	0.6	10:06	0.6	5:56	8:02	
13	Tue	4:35	4.0	5:06	4.2	10:34	0.4	11:03	0.4	5:55	8:03	
14	Wed	5:27	4.1	5:56	4.6	11:23	0.2	11:59	0.2	5:54	8:04	
15	Thu	6:17	4.3	6:45	5.0			12:13	0.0	5:53	8:05	
16	Fri	7:07	4.4	7:34	5.4	12:52	-0.1	1:01	-0.3	5:52	8:06	
17	Sat	7:57	4.4	8:23	5.7	1:44	-0.3	1:49	-0.4	5:52	8:07	
18	Sun	8:47	4.5	9:14	5.8	2:35	-0.5	2:38	-0.6	5:51	8:07	
19	Mon	9:39	4.4	10:05	5.8	3:26	-0.6	3:28	-0.6	5:50	8:08	
20	Tue	10:31	4.3	10:58	5.6	4:18	-0.5	4:20	-0.5	5:49	8:09	
21	Wed	11:24	4.2	11:51	5.4	5:13	-0.5	5:15	-0.4	5:49	8:10	
22	Thu			12:20	4.0	6:09	-0.3	6:14	-0.2	5:48	8:11	
23	Fri	12:47	5.0	1:19	3.9	7:07	-0.2	7:16	0.0	5:48	8:11	
24	Sat	1:46	4.6	2:23	3.8	8:05	-0.1	8:21	0.1	5:47	8:12	
25	Sun	2:48	4.3	3:29	3.9	9:03	0.0	9:27	0.2	5:46	8:13	
26	Mon	3:51	4.0	4:33	4.0	9:59	0.0	10:32	0.3	5:46	8:14	
27	Tue	4:51	3.8	5:29	4.2	10:52	0.0	11:34	0.2	5:45	8:14	
28	Wed	5:44	3.7	6:17	4.4	11:41	0.0			5:45	8:15	
29	Thu	6:32	3.7	7:00	4.5	12:29	0.2	12:27	0.0	5:45	8:16	
30	Fri	7:16	3.6	7:41	4.7	1:16	0.1	1:08	0.0	5:44	8:17	
31	Sat	7:58	3.6	8:22	4.7	1:58	0.1	1:48	0.0	5:44	8:17	