

































Sand Shoal Inlet, VA - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:30	3.7	1:50	3.7	7:32	0.0	8:01	-0.2	7:17	4:56	
2	Fri	2:35	3.7	2:51	3.4	8:38	0.1	8:56	-0.2	7:17	4:57	
3	Sat	3:38	3.8	3:50	3.2	9:44	0.2	9:49	-0.2	7:17	4:58	
4	Sun	4:34	4.0	4:44	3.1	10:45	0.2	10:39	-0.2	7:17	4:58	
5	Mon	5:23	4.1	5:31	3.1	11:39	0.1	11:26	-0.2	7:17	4:59	
6	Tue	6:06	4.2	6:15	3.2			12:24	0.1	7:17	5:00	
7	Wed	6:48	4.3	6:57	3.2	12:09	-0.2	1:04	0.0	7:17	5:01	
8	Thu	7:28	4.4	7:39	3.3	12:50	-0.3	1:41	0.0	7:17	5:02	
9	Fri	8:08	4.5	8:20	3.4	1:29	-0.3	2:17	0.0	7:17	5:03	
10	Sat	8:48	4.5	9:01	3.4	2:08	-0.3	2:53	0.0	7:17	5:04	
11	Sun	9:27	4.4	9:42	3.4	2:47	-0.2	3:31	0.0	7:16	5:05	
12	Mon	10:06	4.3	10:23	3.4	3:27	-0.1	4:09	0.1	7:16	5:06	
13	Tue	10:45	4.1	11:05	3.4	4:09	0.1	4:49	0.2	7:16	5:07	
14	Wed	11:25	3.9	11:49	3.5	4:54	0.2	5:31	0.2	7:16	5:08	
15	Thu			12:08	3.8	5:43	0.3	6:16	0.2	7:15	5:09	
16	Fri	12:38	3.5	12:56	3.6	6:37	0.4	7:03	0.2	7:15	5:10	
17	Sat	1:33	3.7	1:50	3.5	7:35	0.4	7:55	0.1	7:15	5:11	
18	Sun	2:32	3.9	2:50	3.4	8:36	0.3	8:49	0.0	7:14	5:12	
19	Mon	3:32	4.2	3:50	3.5	9:38	0.2	9:46	-0.3	7:14	5:13	
20	Tue	4:30	4.6	4:48	3.6	10:40	0.0	10:44	-0.5	7:13	5:14	
21	Wed	5:27	4.9	5:45	3.8	11:39	-0.3	11:41	-0.8	7:13	5:15	
22	Thu	6:21	5.2	6:40	3.9			12:34	-0.6	7:12	5:16	
23	Fri	7:15	5.4	7:34	4.1	12:36	-1.0	1:27	-0.8	7:12	5:17	
24	Sat	8:08	5.5	8:28	4.2	1:29	-1.2	2:17	-0.9	7:11	5:18	
25	Sun	8:59	5.4	9:20	4.3	2:22	-1.2	3:07	-0.9	7:10	5:20	
26	Mon	9:50	5.1	10:13	4.2	3:15	-1.1	3:57	-0.9	7:10	5:21	
27	Tue	10:40	4.8	11:06	4.1	4:10	-0.9	4:48	-0.7	7:09	5:22	
28	Wed	11:30	4.3			5:07	-0.6	5:40	-0.6	7:08	5:23	
29	Thu	12:00	4.0	12:22	3.8	6:06	-0.3	6:32	-0.4	7:07	5:24	
30	Fri	12:58	3.8	1:17	3.4	7:07	-0.1	7:26	-0.2	7:07	5:25	
31	Sat	1:59	3.7	2:16	3.1	8:10	0.2	8:20	-0.1	7:06	5:26	