































Sand Shoal Inlet, VA - May 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:51	3.7	4:21	3.4	9:58	0.7	10:12	0.7	6:07	7:52	
2	Sat	4:46	3.8	5:13	3.7	10:46	0.6	11:07	0.6	6:06	7:53	
3	Sun	5:35	3.9	5:59	4.1	11:31	0.5	11:58	0.4	6:05	7:54	
4	Mon	6:21	4.0	6:43	4.4			12:15	0.3	6:04	7:55	
5	Tue	7:04	4.1	7:26	4.7	12:45	0.2	12:57	0.2	6:03	7:56	
6	Wed	7:48	4.2	8:09	5.0	1:31	0.1	1:39	0.0	6:02	7:57	
7	Thu	8:31	4.3	8:53	5.2	2:16	-0.1	2:20	-0.1	6:01	7:58	
8	Fri	9:16	4.3	9:38	5.4	3:01	-0.2	3:03	-0.2	6:00	7:59	
9	Sat	10:02	4.2	10:24	5.4	3:47	-0.2	3:48	-0.2	5:59	7:59	
10	Sun	10:49	4.1	11:13	5.3	4:36	-0.2	4:36	-0.1	5:58	8:00	
11	Mon	11:38	4.0			5:27	-0.1	5:28	0.0	5:57	8:01	
12	Tue	12:04	5.2	12:32	3.9	6:22	0.0	6:25	0.1	5:56	8:02	
13	Wed	12:59	4.9	1:30	3.8	7:20	0.0	7:27	0.1	5:55	8:03	
14	Thu	1:58	4.7	2:34	3.8	8:18	0.1	8:31	0.2	5:54	8:04	
15	Fri	3:02	4.5	3:40	3.9	9:17	0.0	9:37	0.2	5:53	8:05	
16	Sat	4:06	4.3	4:44	4.2	10:15	0.0	10:43	0.1	5:53	8:06	
17	Sun	5:07	4.2	5:41	4.4	11:10	-0.1	11:46	-0.1	5:52	8:06	
18	Mon	6:03	4.1	6:34	4.7			12:02	-0.2	5:51	8:07	
19	Tue	6:54	4.1	7:22	4.9	12:44	-0.2	12:51	-0.3	5:50	8:08	
20	Wed	7:42	4.0	8:08	5.0	1:36	-0.3	1:36	-0.3	5:50	8:09	
21	Thu	8:29	3.9	8:53	5.1	2:23	-0.3	2:20	-0.3	5:49	8:10	
22	Fri	9:14	3.8	9:36	5.0	3:08	-0.3	3:02	-0.2	5:48	8:10	
23	Sat	9:58	3.7	10:20	4.9	3:51	-0.2	3:44	-0.1	5:48	8:11	
24	Sun	10:41	3.6	11:03	4.7	4:34	0.0	4:27	0.1	5:47	8:12	
25	Mon	11:25	3.5	11:47	4.5	5:18	0.1	5:11	0.3	5:47	8:13	
26	Tue			12:10	3.4	6:03	0.3	5:58	0.5	5:46	8:14	
27	Wed	12:32	4.3	12:58	3.3	6:49	0.5	6:48	0.6	5:46	8:14	
28	Thu	1:19	4.0	1:49	3.3	7:35	0.6	7:41	0.8	5:45	8:15	
29	Fri	2:09	3.9	2:43	3.4	8:22	0.6	8:35	0.8	5:45	8:16	
30	Sat	3:03	3.8	3:38	3.6	9:09	0.6	9:30	0.8	5:44	8:16	
31	Sun	3:57	3.7	4:31	3.9	9:56	0.6	10:26	0.7	5:44	8:17	