
































Sand Shoal Inlet, VA - Jun 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:49	3.8	5:21	4.2	10:44	0.5	11:20	0.5	5:43	8:18	
2	Tue	5:38	3.9	6:08	4.6	11:31	0.3			5:43	8:18	
3	Wed	6:26	4.0	6:54	5.0	12:13	0.3	12:18	0.1	5:43	8:19	
4	Thu	7:14	4.1	7:41	5.3	1:03	0.1	1:05	-0.1	5:43	8:20	
5	Fri	8:02	4.1	8:28	5.5	1:52	-0.1	1:51	-0.2	5:42	8:20	
6	Sat	8:50	4.2	9:17	5.6	2:40	-0.2	2:39	-0.4	5:42	8:21	
7	Sun	9:40	4.2	10:07	5.7	3:29	-0.3	3:28	-0.4	5:42	8:21	
8	Mon	10:31	4.2	10:58	5.6	4:20	-0.4	4:19	-0.4	5:42	8:22	
9	Tue	11:24	4.1	11:50	5.3	5:12	-0.3	5:13	-0.3	5:42	8:22	
10	Wed			12:18	4.1	6:06	-0.2	6:12	-0.1	5:42	8:23	
11	Thu	12:44	5.0	1:16	4.0	7:02	-0.2	7:14	0.0	5:42	8:23	
12	Fri	1:41	4.7	2:18	4.0	7:58	-0.1	8:18	0.1	5:42	8:24	
13	Sat	2:41	4.3	3:23	4.1	8:54	-0.1	9:24	0.2	5:42	8:24	
14	Sun	3:43	4.0	4:26	4.3	9:50	-0.1	10:29	0.2	5:42	8:25	
15	Mon	4:44	3.8	5:24	4.5	10:44	-0.1	11:33	0.1	5:42	8:25	
16	Tue	5:40	3.7	6:16	4.6	11:36	-0.1			5:42	8:25	
17	Wed	6:31	3.6	7:03	4.8	12:31	0.1	12:25	-0.2	5:42	8:26	
18	Thu	7:19	3.6	7:48	4.9	1:22	0.0	1:11	-0.2	5:42	8:26	
19	Fri	8:05	3.6	8:31	4.9	2:07	0.0	1:55	-0.2	5:42	8:26	
20	Sat	8:49	3.6	9:14	4.9	2:49	0.0	2:37	-0.1	5:42	8:26	
21	Sun	9:32	3.6	9:56	4.8	3:29	0.0	3:18	0.0	5:43	8:27	
22	Mon	10:15	3.6	10:37	4.7	4:09	0.1	3:59	0.1	5:43	8:27	
23	Tue	10:58	3.6	11:19	4.5	4:49	0.2	4:42	0.3	5:43	8:27	
24	Wed	11:41	3.5			5:29	0.3	5:26	0.4	5:43	8:27	
25	Thu	12:00	4.4	12:25	3.5	6:11	0.4	6:13	0.6	5:44	8:27	
26	Fri	12:43	4.2	1:12	3.6	6:54	0.5	7:03	0.7	5:44	8:27	
27	Sat	1:28	4.0	2:01	3.6	7:38	0.6	7:55	0.8	5:44	8:27	
28	Sun	2:17	3.8	2:54	3.8	8:24	0.6	8:50	0.8	5:45	8:27	
29	Mon	3:09	3.7	3:49	4.0	9:11	0.5	9:47	0.8	5:45	8:27	
30	Tue	4:04	3.7	4:42	4.4	10:00	0.4	10:44	0.6	5:46	8:27	