

































## Sand Shoal Inlet, VA - Jul 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:58	3.7	5:34	4.7	10:51	0.2	11:41	0.4	5:46	8:27	
2	Thu	5:51	3.8	6:25	5.1	11:43	0.0			5:47	8:27	
3	Fri	6:43	4.0	7:15	5.4	12:36	0.2	12:35	-0.2	5:47	8:27	
4	Sat	7:35	4.1	8:06	5.7	1:29	-0.1	1:27	-0.4	5:48	8:27	
5	Sun	8:27	4.2	8:58	5.8	2:20	-0.3	2:18	-0.5	5:48	8:27	
6	Mon	9:20	4.3	9:50	5.8	3:11	-0.4	3:10	-0.6	5:49	8:26	
7	Tue	10:13	4.4	10:41	5.7	4:01	-0.5	4:04	-0.6	5:49	8:26	
8	Wed	11:07	4.4	11:33	5.4	4:52	-0.5	4:59	-0.5	5:50	8:26	
9	Thu			12:01	4.4	5:45	-0.4	5:57	-0.3	5:50	8:26	
10	Fri	12:25	5.0	12:58	4.4	6:39	-0.3	6:59	-0.1	5:51	8:25	
11	Sat	1:20	4.6	1:58	4.3	7:33	-0.2	8:02	0.1	5:52	8:25	
12	Sun	2:17	4.1	3:00	4.3	8:28	-0.1	9:07	0.3	5:52	8:24	
13	Mon	3:18	3.8	4:04	4.3	9:22	0.0	10:13	0.3	5:53	8:24	
14	Tue	4:19	3.5	5:04	4.4	10:17	0.0	11:17	0.4	5:54	8:24	
15	Wed	5:17	3.4	5:57	4.5	11:10	0.1			5:54	8:23	
16	Thu	6:10	3.4	6:45	4.6	12:16	0.3	12:02	0.1	5:55	8:22	
17	Fri	6:57	3.4	7:29	4.7	1:06	0.3	12:49	0.0	5:56	8:22	
18	Sat	7:42	3.5	8:10	4.8	1:49	0.2	1:33	0.0	5:57	8:21	
19	Sun	8:24	3.6	8:51	4.8	2:28	0.2	2:14	0.0	5:57	8:21	
20	Mon	9:07	3.7	9:31	4.8	3:04	0.2	2:55	0.0	5:58	8:20	
21	Tue	9:48	3.8	10:11	4.7	3:40	0.2	3:34	0.1	5:59	8:19	
22	Wed	10:29	3.8	10:50	4.6	4:17	0.3	4:15	0.2	6:00	8:19	
23	Thu	11:11	3.8	11:30	4.4	4:55	0.3	4:57	0.4	6:00	8:18	
24	Fri	11:52	3.9			5:33	0.4	5:41	0.5	6:01	8:17	
25	Sat	12:09	4.3	12:35	3.9	6:14	0.5	6:29	0.7	6:02	8:16	
26	Sun	12:51	4.1	1:21	4.0	6:56	0.5	7:20	0.8	6:03	8:16	
27	Mon	1:36	3.9	2:12	4.1	7:41	0.6	8:15	0.8	6:04	8:15	
28	Tue	2:27	3.7	3:08	4.2	8:30	0.5	9:12	0.8	6:04	8:14	
29	Wed	3:24	3.7	4:06	4.5	9:22	0.4	10:12	0.7	6:05	8:13	
30	Thu	4:23	3.7	5:03	4.8	10:17	0.3	11:13	0.5	6:06	8:12	
31	Fri	5:21	3.8	5:59	5.2	11:14	0.1			6:07	8:11	