

































## Sand Shoal Inlet, VA - Mar 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:48	4.1	10:04	3.9	3:18	-0.1	3:41	0.1	6:33	5:56	
2	Tue	10:25	3.9	10:43	3.9	3:59	0.0	4:18	0.2	6:32	5:57	
3	Wed	11:03	3.7	11:24	3.9	4:42	0.2	4:57	0.3	6:30	5:58	
4	Thu	11:44	3.5			5:28	0.3	5:41	0.3	6:29	5:59	
5	Fri	12:11	3.9	12:31	3.3	6:20	0.5	6:29	0.4	6:28	6:00	
6	Sat	1:04	3.9	1:25	3.2	7:16	0.5	7:24	0.4	6:26	6:01	
7	Sun	2:04	4.0	2:27	3.2	8:17	0.5	8:23	0.2	6:25	6:02	
8	Mon	3:08	4.2	3:31	3.3	9:19	0.4	9:25	0.0	6:23	6:03	
9	Tue	4:10	4.5	4:32	3.6	10:21	0.2	10:27	-0.2	6:22	6:04	
10	Wed	5:08	4.8	5:28	4.0	11:18	-0.1	11:26	-0.5	6:20	6:05	
11	Thu	6:03	5.1	6:23	4.3			12:11	-0.4	6:19	6:06	
12	Fri	6:56	5.2	7:16	4.7	12:22	-0.8	1:01	-0.7	6:18	6:07	
13	Sat	7:47	5.3	8:07	4.9	1:16	-1.0	1:49	-0.8	6:16	6:08	
14	Sun	9:37	5.1	9:59	5.1	3:09	-1.1	3:36	-0.9	7:15	7:09	
15	Mon	10:26	4.9	10:49	5.0	4:01	-1.0	4:24	-0.8	7:13	7:10	
16	Tue	11:15	4.5	11:40	4.9	4:55	-0.9	5:13	-0.7	7:12	7:11	
17	Wed			12:05	4.1	5:50	-0.6	6:03	-0.4	7:10	7:12	
18	Thu	12:33	4.6	12:57	3.7	6:48	-0.3	6:57	-0.2	7:09	7:13	
19	Fri	1:29	4.3	1:53	3.3	7:49	0.0	7:54	0.0	7:07	7:13	
20	Sat	2:30	4.1	2:55	3.0	8:52	0.3	8:54	0.2	7:06	7:14	
21	Sun	3:37	3.9	4:02	3.0	9:58	0.4	9:56	0.3	7:04	7:15	
22	Mon	4:44	3.8	5:05	3.0	11:02	0.5	10:57	0.3	7:03	7:16	
23	Tue	5:42	3.8	5:57	3.2	11:56	0.4	11:52	0.2	7:01	7:17	
24	Wed	6:29	3.9	6:41	3.4			12:40	0.4	7:00	7:18	
25	Thu	7:10	4.0	7:22	3.7	12:40	0.1	1:16	0.3	6:58	7:19	
26	Fri	7:49	4.1	8:01	3.9	1:22	0.0	1:50	0.2	6:57	7:20	
27	Sat	8:27	4.2	8:39	4.1	2:01	-0.1	2:23	0.1	6:55	7:21	
28	Sun	9:04	4.2	9:18	4.3	2:39	-0.1	2:56	0.1	6:54	7:22	
29	Mon	9:42	4.2	9:56	4.4	3:17	-0.1	3:30	0.1	6:52	7:22	
30	Tue	10:19	4.1	10:35	4.4	3:55	0.0	4:06	0.2	6:51	7:23	
31	Wed	10:57	3.9	11:14	4.4	4:35	0.1	4:43	0.2	6:49	7:24	