

































Sand Shoal Inlet, VA - Jul 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:33	4.6	2:11	4.2	7:48	-0.1	8:13	0.2	5:46	8:27	
2	Fri	2:31	4.3	3:14	4.3	8:42	-0.1	9:18	0.2	5:46	8:27	
3	Sat	3:33	4.0	4:17	4.5	9:37	-0.1	10:23	0.2	5:47	8:27	
4	Sun	4:34	3.8	5:16	4.7	10:33	-0.2	11:28	0.1	5:47	8:27	
5	Mon	5:33	3.7	6:11	4.9	11:28	-0.2			5:48	8:27	
6	Tue	6:28	3.7	7:03	5.1	12:29	0.0	12:21	-0.3	5:49	8:26	
7	Wed	7:20	3.7	7:52	5.1	1:23	-0.1	1:12	-0.3	5:49	8:26	
8	Thu	8:09	3.7	8:39	5.1	2:12	-0.1	2:00	-0.3	5:50	8:26	
9	Fri	8:56	3.7	9:24	5.0	2:57	-0.1	2:46	-0.3	5:50	8:26	
10	Sat	9:42	3.7	10:08	4.9	3:39	-0.1	3:30	-0.2	5:51	8:25	
11	Sun	10:27	3.7	10:50	4.7	4:21	0.0	4:14	0.0	5:52	8:25	
12	Mon	11:10	3.7	11:32	4.5	5:02	0.1	4:59	0.2	5:52	8:25	
13	Tue	11:54	3.7			5:43	0.3	5:45	0.4	5:53	8:24	
14	Wed	12:14	4.3	12:40	3.7	6:25	0.4	6:33	0.6	5:54	8:24	
15	Thu	12:58	4.0	1:27	3.7	7:07	0.5	7:24	0.7	5:54	8:23	
16	Fri	1:44	3.8	2:18	3.7	7:51	0.6	8:17	0.8	5:55	8:23	
17	Sat	2:33	3.6	3:12	3.9	8:35	0.6	9:12	0.9	5:56	8:22	
18	Sun	3:26	3.5	4:06	4.1	9:22	0.6	10:08	0.9	5:56	8:21	
19	Mon	4:21	3.4	4:59	4.3	10:11	0.5	11:04	0.8	5:57	8:21	
20	Tue	5:14	3.5	5:49	4.6	11:02	0.4	11:58	0.6	5:58	8:20	
21	Wed	6:05	3.6	6:38	5.0	11:53	0.2			5:59	8:20	
22	Thu	6:55	3.8	7:26	5.3	12:49	0.4	12:44	0.0	5:59	8:19	
23	Fri	7:44	4.0	8:14	5.5	1:38	0.1	1:34	-0.2	6:00	8:18	
24	Sat	8:33	4.2	9:03	5.6	2:26	0.0	2:23	-0.3	6:01	8:17	
25	Sun	9:23	4.3	9:51	5.6	3:12	-0.2	3:13	-0.4	6:02	8:17	
26	Mon	10:13	4.5	10:40	5.5	4:00	-0.3	4:04	-0.4	6:03	8:16	
27	Tue	11:05	4.6	11:29	5.3	4:48	-0.3	4:58	-0.3	6:03	8:15	
28	Wed	11:57	4.6			5:38	-0.3	5:55	-0.2	6:04	8:14	
29	Thu	12:20	4.9	12:52	4.6	6:29	-0.2	6:55	0.0	6:05	8:13	
30	Fri	1:13	4.5	1:50	4.6	7:23	-0.1	7:58	0.2	6:06	8:12	
31	Sat	2:10	4.1	2:53	4.6	8:17	-0.1	9:04	0.3	6:07	8:11	