
































## Sand Shoal Inlet, VA - Nov 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:38	4.2	6:55	4.2	12:19	0.5	12:40	0.5	7:27	6:05	
2	Tue	7:17	4.4	7:34	4.2	12:54	0.4	1:20	0.4	7:28	6:04	
3	Wed	7:55	4.7	8:12	4.2	1:29	0.3	1:59	0.3	7:29	6:03	
4	Thu	8:33	4.9	8:51	4.2	2:03	0.2	2:38	0.3	7:30	6:02	
5	Fri	9:12	5.0	9:30	4.1	2:39	0.2	3:17	0.3	7:31	6:01	
6	Sat	9:52	5.0	10:10	4.0	3:15	0.3	3:57	0.3	7:33	6:00	
7	Sun	9:32	5.0	9:51	3.8	2:53	0.3	3:39	0.4	6:34	4:59	
8	Mon	10:14	4.9	10:34	3.7	3:34	0.4	4:25	0.5	6:35	4:58	
9	Tue	10:59	4.8	11:21	3.6	4:19	0.5	5:15	0.6	6:36	4:57	
10	Wed	11:48	4.7			5:10	0.6	6:09	0.6	6:37	4:56	
11	Thu	12:14	3.6	12:44	4.6	6:07	0.6	7:05	0.6	6:38	4:55	
12	Fri	1:15	3.6	1:44	4.6	7:09	0.6	8:02	0.4	6:39	4:55	
13	Sat	2:19	3.8	2:47	4.6	8:14	0.5	8:58	0.2	6:40	4:54	
14	Sun	3:23	4.2	3:47	4.6	9:18	0.3	9:53	0.0	6:41	4:53	
15	Mon	4:22	4.6	4:44	4.7	10:22	0.0	10:47	-0.3	6:42	4:52	
16	Tue	5:16	5.0	5:38	4.7	11:22	-0.2	11:38	-0.5	6:43	4:52	
17	Wed	6:09	5.4	6:30	4.6			12:18	-0.5	6:44	4:51	
18	Thu	7:00	5.7	7:21	4.5	12:28	-0.7	1:12	-0.6	6:45	4:50	
19	Fri	7:51	5.8	8:12	4.4	1:16	-0.7	2:04	-0.6	6:46	4:50	
20	Sat	8:41	5.7	9:03	4.1	2:04	-0.7	2:55	-0.5	6:47	4:49	
21	Sun	9:32	5.5	9:53	3.9	2:52	-0.6	3:47	-0.3	6:48	4:49	
22	Mon	10:22	5.2	10:44	3.7	3:42	-0.3	4:40	-0.1	6:49	4:48	
23	Tue	11:12	4.8	11:36	3.4	4:35	-0.1	5:35	0.1	6:50	4:48	
24	Wed			12:04	4.4	5:30	0.2	6:31	0.3	6:51	4:47	
25	Thu	12:32	3.3	12:59	4.1	6:28	0.4	7:25	0.4	6:52	4:47	
26	Fri	1:32	3.2	1:57	3.9	7:27	0.6	8:17	0.5	6:53	4:47	
27	Sat	2:34	3.3	2:54	3.7	8:26	0.7	9:05	0.5	6:54	4:46	
28	Sun	3:31	3.5	3:46	3.6	9:24	0.7	9:50	0.5	6:55	4:46	
29	Mon	4:21	3.8	4:34	3.6	10:18	0.6	10:32	0.4	6:56	4:46	
30	Tue	5:04	4.0	5:17	3.7	11:07	0.5	11:12	0.3	6:57	4:45	